UNIVERSITY OF RAJASTHAN
JAIPUR

SYLLABUS

M.A./M.SC. PSYCHOLOGY

Semester Scheme

I & II Semester 2017-2018
III & IV Semester 2018-2019
DEPARTMENT OF PSYCHOLOGY  
UNIVERSITY OF RAJASTHAN  
SYLLABUS  
M.A./M.Sc. Psychology (Semester Scheme)  
Syllabus (2017-18) (2018-19)

**Course Structure:** M.A./M.Sc. Psychology (Semester Scheme) course will be comprising of Four (4) Semesters. Each Semester of Master's course will offer 36 credits. For award of Master degree Minimum 120 Credits are required.

The Credit Courses have been classified as:

- a) Compulsory Core Course (CCC)
- b) Elective Core Course (ECC)
- c) Seminar (SEM), Project Work (PRJ), Field Study (FST)
- d) Contact Hours: Lecture (L), Tutorial (T), Practical (P), Self Study (SS)

**Scheme of Examination:**

- a) Each Theory paper End of Semester Examination (EoSE) will carry 100 marks. The EoSE will be of 3 hours duration.
- b) Part 'A' of Theory paper will contain 10 Short Answer Questions of 30 marks, based on knowledge, understanding and application of the topics/texts covered in the syllabus. Each question will carry three (03) marks for correct answer.
- c) Part 'B' of Theory paper will contain seven (07) questions. Out of which candidate has to attempt five (05) questions . Each question will carry five (05) marks for correct answer.
- d) Part 'C' of paper will consist of three (03) questions with internal choice of 15 marks each. The limit of answers will be of five pages.
- e) Each Laboratory EoSE will be of 100 marks and Four (4) hours duration. The EoSE will involve one (1) Major (60 marks) and one (1) Minor (40 marks) experiment/test and Viva-voce examination with weightage in ratio of 75:25.
- f) Each Seminar (SEM)/ Project Work (PRJ)/ Field Study (FST)/ Training will have Continuous Internal Assessment by the guiding teacher. Every EoSE will be of 100 marks and Four (4) hours duration. The EoSE will involve Two Course Categories of 50 marks each and will comprise of Submission and Presentation of Reports and Viva-voce examination.
- g) Continuous Assessment will consist of two components, namely (i) Internal Assessment and (ii) Sessional Test(s) in ratio 80:20. The internal assessment component will comprise of assessment of students' performance on the basis of factors like Attendance, Classroom participation, Quiz, Home Assignment, etc. The sessional test shall be conducted on coverage of 50% of course content.
## M.A. / M.Sc. Semester-I

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**Total Credits** 36

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Dy. Registrar

(Academic)

University of Jammu

J&K
M.A./M.Sc. Syllabus Semester I

PSY 701 Theoretical Approaches in Psychology


Unit-III: Psychoanalysis: Freud, Jung, Adler Post-Psychoanalysis: Erikson and Sullivan; Gestalt Psychology: Wertheimer, Koffka and Kohler

Unit-IV: Humanistic: Rogers and Maslow; Cognitive Psychology: Piaget and Chomsky.

Books Recommended:


PSY 702 Psychopathology


Unit-II: Classification of Mental Disorders: Latest APA and WHO Classifications. Development, Advantages and Disadvantages of Classification System.

Unit-IV: Causal Factors and Symptomatology: Biological, Psycho-social and Socio-Cultural Causal Factors. Diathesis-Stress Model. Cognitive, Conative and Affective Symptoms

Books Recommended:

- The ICD-10 Classification of Mental and Behavioural Disorders, (2007) WHO.

PSY 703 Research Methods


Unit II: Quantitative Research Methods - Laboratory Experiments & Field Experiments Field Studies

Unit III: Qualitative Research Methods Participant Observation, Focus Groups, Interviews Thematic Analysis, Grounded Theory, Discourse Analysis

Unit IV: Report Writing: Research Report Writing (APA Style); Ethics in Psychological Research.

Books Recommended:

PSY A 01: Developmental Psychology

Unit-I

Unit-II
Self and Identity: Self Awareness, Self Concept and Self-Esteem; Cognitive Social and Cultural Influences; Identity : Nature and Meaning; Construction and Influences on Identity Development.

Unit-III

Unit-IV

Books Recommended:


PSY A02: Environmental Psychology

Unit-I:
Environmental Psychology: Nature and Scope; Research Methods in Environmental Psychology. Theories and Approaches : Arousal, Overload, Behaviour Constraint, Control, Stress Approaches; Trait, Interactional, Organismic and Transactional Theories.

Unit-II:

Unit-III:

Unit-IV:
Residential Environmental Psychology: Nature and Characteristics; Environment and Behavior in the Residence; Residential Environmental Design.

Books Recommended:


Internet : www.abacon.com

Internet : www.mlbd.com

Internet : www.amazon.com

PSY A03: Vocational Psychology

Unit-I: Introduction: Definition, Meaning, History of Vocational Psychology; Current issues and innovations in Vocational Psychology; Work Adjustment, Career Counselling.

Unit-II: Theoretical Perspectives: Trait and Factor Theories; Holland, Dawis, Value-Based Theory of Occupational Choice; Brown, Developmental Theories; Super, Gottfredson and Learning Theories; Krumboltz, Bandura.


Unit-IV Clients with Special Needs: Individuals with Disabilities, Women in the Workforce, Displaced Workers, Economically Disadvantaged Group.

Books Recommended:


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<th>M.A. / M.Sc. Semester-I</th>
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<tr>
<td><strong>A Experiments</strong></td>
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<tr>
<td>1. Psychophysical Experiments (RL / DL)</td>
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<td>2. Paired Comparison Method (Feeling Values · Preferences)</td>
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<td><strong>B Major Tests</strong></td>
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<tr>
<td>1. Differential Aptitude Test</td>
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<td>2. Wechsler Adult Intelligence Scale</td>
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<td><strong>C Minor Tests</strong></td>
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<td>1. Sixteen Personality Factors</td>
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<td>2. Creative Thinking (Verbal and Non-Verbal) Test</td>
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<td>3. Mental Health (Subjective, Psychological &amp; Social Wellbeing)</td>
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<td>4. Clinical Analysis Questionnaire</td>
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<td>5. Cognitive Capabilities Test for Transition Period</td>
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<td>6. Pro Environmental Behaviours Scale</td>
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<td>7. Self Directed Search</td>
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<td>8. Career Decision Scale</td>
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<td><strong>D Cataloguing &amp; Profiling (any two)</strong></td>
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<tr>
<td>1. Clinical &amp; Health</td>
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<td>2. Social &amp; Environmental</td>
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<td>6. Cognitive &amp; Neuropsychological</td>
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**PSY 731 Project Work**

1. Review of Literature
2. Synopsis Preparation
M.A./M.Sc. Semester II

PSY 801 Advanced Social Psychology


Unit-II: Attitudes and Prejudices: Attitude - Meaning, Theories, Attitude change; Prejudice - Origin and Cognitive basis; Techniques to Control Prejudice. Social Influence: Conformity - Nature and Characteristics; Factors affecting Conformity, Theories of Conformity; Compliance - Meaning and Nature; Principles of Compliance; Obedience - Basis and Experimental Studies.


Unit-IV: Understanding of Self: Personal Vs. Social Identity, Self Concept, Self-Esteem; Gender Identity; Gender Differences in Self-Esteem, Social Comparison and Self; Self as a target of Prejudice.

Books Recommended:

PSY 802 Biopsychology

Unit-I: Introduction: Definition and Scope; Evolution of Human Brain. Research Methods and Tools of Biopsychology.

Unit-II: Nervous System: Neuron-Structure,Types and Functions; Spinal cord; Central Nervous System and Peripheral Nervous System-Structure and Functions. Neural conductors and Synaptic Transmission; Neurotransmitters.

Unit-III: Learning and Memory: Nature of learning. Neural Mechanism of Learning and Memory: Disorders of Memory, Cortical Localization and Language Disorders.

Unit-IV: Biological Causes of Psychiatric Disorders. Schizophrenia, Affective Disorder, (Depression and Mania), Anxiety Disorders.
Books Recommended:

- Tripathi, B. and Tripathi, A. (1989) आयुर्विज्ञान, बौद्धिक मनोविज्ञान, गोरखपुर, वैशाली प्रकाशन, बैरिशीपुर।

**PSY 803 Statistics in Psychology**

Unit-I: Normal Distribution: Meaning and Importance; Properties of Normal Probability Distribution; Application of Normal Probability Curve; Divergence from Normality.

Unit-II: Parametric Statistics - Correlation: Product Moment method (Real Mean Method, assumed mean method), construction of scatter diagram, Biserial and Point Biserial Method. Significance of Difference between Means (Large Small, Correlated and Independent groups) Analysis of Variance - One Way and Two Way Analysis of Variance.

Unit-III: Non-Parametric Statistics: Difference between Parametric and Non-parametric Statistics, Chi-Square Test (Equal and Normal Probability Hypothesis); Sign Test, Median Test, Mann-Whitney U Test, Friedman Test, Two way ANOVA.

Unit-IV: Multiple Regression: Meaning, Types and Uses; Interpretation of Data. Factor Analysis: Meaning, Types and Uses; Interpretation of Data.

Books Recommended:

PSY B 01 Psychology of Personality


Unit-II: Psychoanalytic, Neo-analytic Freud, Jung, Adler, Horney. Biological and Behavioural Theories: Temperament, Socio-Biology and Evolutionary Personality: Pavlov, Watson, Skinner; Dollard and Miller.


Unit-IV: Humanistic, Existential and Person - Situation Interactionist Theories: Rogers, Frankli, Maslow, Sullivan, Murray and Mischel.

Books Recommended:


PSY B02 Clinical Disorders

Unit-I: Anxiety, Obsessive-Compulsive, Trauma and Stressor-related Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-II: Depressive, Bipolar and Dissociative, Somatic Symptom and Related Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-III: Schizophrenia Spectrum and other Psychotic Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-IV: Personality and Substance-Related and Addictive Disorders: Nature, Types, Clinical Picture and Causal Factors

Books Recommended:

- The ICD-10 Classification of Mental and Behavioural Disorders. (2007) WHO.
PSY B03 Counseling Psychology

Unit-I Introduction: Nature and Historic Perspectives; Development of Institutional Counselling Programmes; Professional Counsellor – Roles and Functions. Ethical and Legal Guidelines: Nature of Ethics, Ethical Issues, Counsellor and Law, Legal Concerns of Counsellors, Confidentiality, Competence and Malpractice, Counsellors as Expert Witnesses.

Unit-II Counselling Process and Skills: Counselling Relationship – Meaning and Nature, Basic Communication Skills, Counselling Interview; Counselling Skills – Rapport Building, Assessment of Problem, Setting Goals, Selecting and Designing Interventions, Termination of Counselling.

Unit-III Theories of Counselling: Psychoanalytic Theory, Individual Psychology, Person Centred Theory, Behavioural Theory, Rational Emotive Behaviour Therapy, Reality Therapy, Transactional Analysis, Gestalt Counselling.

Unit-IV Group Techniques, Group Counselling Sensitivity Groups, Encounter Groups, Task Groups, Psycho-education Groups, Group Process Ethnic Groups and Multicultural Counselling

Books Recommended:

PSY 811 General Lab

| A | Experiments       | 1. Concept Formation  |
|   |                   | 2. Level of Aspiration |
| B | Major Tests       | 1. Biofeedback         |
|   |                   | 2. Minnesota Multiphasic Personality Inventory |
| C | Minor Tests       | 1. Sociometry          |
|   |                   | 2. RINPAS Family Relations Test |
|   |                   | 3. Bender Gestalt Visual-Motor Test |
|   |                   | 4. Psycho-Physiological State Inventory |
|   |                   | 5. NEOPI-R             |
|   |                   | 6. Edwards Personal Preference Schedule |
|   |                   | 7. Psychiatric Rating Scales |
|   |                   | 8. Transactional Style Inventory : Counselling |
| D | Counselling       | 1. Interviewing Skills |
|   |                   | 2. Listening Skills    |
|   |                   | 3. Empathy-Building Skills |
|   |                   | 4. Problem Solving Skills |
|   |                   | 5. Coping with Feelings |

PSY 831 Project Work

1. Data Collection and Treatment
2. Project Report Writing
M.A./M.Sc. Semester III

PSY 901  Positive Psychology
PSY 902  Cognitive Psychology
PSY 903  Research Designs
PSY C01  Health Psychology
PSY C02  Organizational Behavior
PSY C03  Neurodevelopmental and Neurocognitive Disorders
PSY 911  General Lab
PSY 931  Project Work

PSY 901: Positive Psychology


Unit IV: Resilience: Meaning, Developmental and Clinical Perspective, Sources of Resilience, Successful Aging and Growth through Trauma, Self-Regulation and Self-Control. Theories and Planning for Self-Regulation Success.

Books Recommended:


PSY 902  Cognitive Psychology

Unit I: Introduction: Meaning, Historical Antecedents and Emergence; Research Methods and tools in cognitive psychology; Cognition across life span; Meta cognition.

Unit II: Attention: Nature of attention, models of selective attentions, Object recognition: theories of visual pattern recognition; Language: Basic structure, Linguistic hierarchy, Psycholinguistics.

Unit III: Memory and Representation of knowledge: Memory: Dualist models of memory, Working memory model, Representation of knowledge, Semantic organization of knowledge, Proportional networks, Theories of visual representation.


[Signature]
Dy. Registrar
University of Rajasthan
Jaipur
Books Recommended:


PSY 903 Research Designs

Unit-I: Single Factor Designs: Within Subject Design - Two Conditions and Multiple Conditions Tested within Subject: Between Subject Design: Two Conditions and Multiple Conditions Tested Between Subjects. Single Subject Designs: Advantages and Disadvantages of the Single Subject Approach.

Unit-II: Factorial Design: Two Factor Designs - Factorial within Subject Design, Factorial between Subject Design, Mixed Factorial Design; Three Factor Design: General Layout.

Unit-III: Latin Square Designs: Latin Square Design with One Observation each Cell, Latin Square Design with n Observations each Cell and Latin Square Design with Repeated Measures.


Books Recommended:


PSY C 01 Health Psychology


Unit II: Illness Beliefs and Explanations - Cognitive Approaches, Social and Experiential Approaches, Illness and Personality - Psychological and Physical Disorders. Psychosynthesis and Psychosomatic Medicine: Explaining Links between Personality and Disease.
Unit III  Treatment Adherence and Patient Empowerment- Character of Adherence Factors Associated with Non-Adherence, Alternative to Adherence, Medical Error, Patient Empowerment

Unit IV  Health Promotion- Meaning, Health Promotion Approaches: Behavior Change Approach, Self Empowerment Approach and Community Development Approach Ideology of Health Promotion.

Recommended Book:


**PSY C02  Organizational Behaviour**

**Unit-I:** Introduction: Definition and Relationship to other Fields; Theoretical Frameworks - Cognitive, Behaviouristic, Social Cognitive; Ethics and Ethical Behaviors in Organizations; Organizational Commitment - Meaning, Outcomes and Guidelines to enhance Organizational Commitment.

**Unit-II:** Motivational Needs and Processes: Meaning, Work Motivation Approaches; Content Theories of Work Motivation; Marlow’s Hierarchy of Needs, Herzberg’s Two Factor Theory; Alderfen’s ERG Theory; Process Theories of Work Motivation - Vroom’s Expectancy Theory; Porter Lawler Modal; Contemporary Theories of Work Motivation - Equity Theory of Work Motivation - Job Satisfaction - Meaning, Influences and Outcomes.


**Books Recommended:**

PSY C03: Neurodevelopmental and Neurocognitive Disorders


Books Recommended:

- The ICD-10 Classification of Mental and Behavioural Disorders, (2007) WHO.

PSY 911 General Lab

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PSY 931 Project Work
1. Seminar
2. Field Study (Academic Tour)

M.A./M.Sc. Semester IV

PSY X01 Applied Psychology
PSY X02 Indian Psychology
PSY X03 Psychological Testing
PSY X11 General Lab
PSY D01 Educational Psychology
PSY D02 Human Resource Management
PSY D03 Diagnostic and Therapeutic Techniques
PSY X31 Project Work

PSY X01 Applied Psychology

Unit-I: Forensic Psychology: Nature and Importance; Work of Forensic Psychologist-Training and Ethical issues in Forensic Psychology.


Books Recommended:

PSY X 02: Indian Psychology

Unit-I: Indian Psychology: Introduction, Theoretical Model; Meta-Theory, Possible Hypotheses, Methodological Issues and Integral Research Skills; Implications and Applications; Differences with Western Psychology.

Unit-II: Mind and Personality: Beyond Mind; Ego and Ahamkara, Advaita Vedantic Model, Buddhist Models, Sri Aurobindo’s perspective.

Unit-III: Knowledge and Consciousness: Indian Perspectives and Sri Aurobindo’s reflection on Knowledge, Attitude and Means of Knowledge; Integral View on Consciousness.

Unit-IV: Healing and Therapeutic Psychology: Ayurveda and Pratyahara: Concept and Scope; Psychotherapy and Indian Thought; Integral Yoga Psychology

Books Recommended:

PSY X 03 Psychological Testing


Unit-II: Test Construction: Defining the Test, Selecting a Scaling Method Constructing the items, testing the items and Revising the test and publishing the test.


Unit-IV: Application of Psychological testing: Educational setting, Counseling & Guidance, Clinical Setting And Organizational Setting

Books Recommended:
PSY D 01  Educational Psychology

Unit-I: Introduction: Concept, Nature, Aims and Objectives of Educational Psychology. Conceptual and Theoretical Perspectives: Behaviouristic, Social Learning, Piaget and Neo-Piagetian Theories and their Applications in Teaching; Cognitive and Humanistic Approaches to Education.

Unit-II: Education and Intelligence: Individual and Group Differences. Theories of Intelligence, Multiple Intelligence, Issues in Intelligence Testing; Schooling and Cognition; Gender Differences/Issues in the Classroom; Gifted and Talented Students.

Unit-III: Education of Exceptional Children: Categories of Exceptionality: Labeling and Educational Relevance. Physically Challenged Students. Students with Cognitive Disabilities or Brain Dysfunction and Communication Disorders. Students with Emotional and Behaviour Disorders. Attention Deficit Hyperactivity Disorder (ADHD), Specific Learning and Reading Disability.


Books Recommended:


PSY D 02  Human Resource Management


Books Recommended:


PSY D03: Diagnostic and Therapeutic Techniques

Unit I: Clinical Assessment: Clinical Observation, Mental and Physical Status Examination, Case History taking, Clinical interview; Behavioural, Cognitive, Relational and Bodily assessment

Unit-II: Psychometric and Neuropsychological Assessment: Objective, Projective, Individual, Group and Battery Tests of Intelligence and Personality, Psychiatric Rating Scales. Neuropsychological Assessment of Cognitive, Sensory Motor and Perceptual Problems.


Books Recommended:

<table>
<thead>
<tr>
<th>M.A. / M.Sc. Semester-IV</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A</strong> Experiments</td>
</tr>
<tr>
<td>1. Set in Problem Solving</td>
</tr>
<tr>
<td>2. Effect of Frustration on performance</td>
</tr>
<tr>
<td><strong>B</strong> Major Tests</td>
</tr>
<tr>
<td>1. Rorschach Test</td>
</tr>
<tr>
<td>2. Picture Frustration Study</td>
</tr>
<tr>
<td><strong>C</strong> Minor Tests</td>
</tr>
<tr>
<td>1. Role Efficacy Scale</td>
</tr>
<tr>
<td>2. Assessment of Violence Risk in Youth</td>
</tr>
<tr>
<td>3. Trigunamaka Personality Schedule</td>
</tr>
<tr>
<td>4. Spirituality Personality Inventory</td>
</tr>
<tr>
<td>5. Style of Learning and Thinking</td>
</tr>
<tr>
<td>6. Team Effectiveness Assessment Measure</td>
</tr>
<tr>
<td>7. Standard Progressive Matrices</td>
</tr>
<tr>
<td>8. Specific Learning Disability: Comprehensive Diagnostic Battery</td>
</tr>
<tr>
<td><strong>D</strong> Research Skills</td>
</tr>
<tr>
<td>1. Systematic Analysis</td>
</tr>
<tr>
<td>2. Poster Presentation</td>
</tr>
<tr>
<td>3. Research Paper Analysis</td>
</tr>
<tr>
<td>4. SPSS Training</td>
</tr>
<tr>
<td>5. Seminar Presentation</td>
</tr>
</tbody>
</table>

**PSY X31 Project Work**

1. Project Work/Training in Industry or Institution or University (Min. Two Months)

2. Report Writing and Presentation of Work/Training undertaken

(A major project will be undertaken by the Student in the form of Industrial/Institutional Training or Training at Department at the Parent University. This will be taken up for Two months (4 hrs. each day) at least. The EoSE will be of 100 marks in which a board of examiners will hold a Presentation and Viva-voce Examination based on the Report submitted by the candidate. The EoSE will also take in to consideration the Certificate and Assessment provided by respective Supervisor at the Industry/Institute.)