UNIVERSITY OF RAJASTHAN
JAIPUR

SYLLABUS

M.Phil. in Psychology

Semester Scheme

Examination 2018-2019
# DEPARTMENT OF PSYCHOLOGY
# UNIVERSITY OF RAJASTHAN
# SYLLABUS
# M.Phil./Pre Ph.D. Coursework Psychology
# (Same as of M. Phil. Semester-I)

## Pre Ph.D. Coursework & M. Phil. SEMESTER-I

<table>
<thead>
<tr>
<th>Paper No.</th>
<th>Course Title</th>
<th>M. Marks: 100</th>
<th>Internal Assessment</th>
<th>EoSE</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>Advanced Research Methods</td>
<td></td>
<td>20</td>
<td>80</td>
<td>3 hrs</td>
</tr>
<tr>
<td>II</td>
<td>Advanced psychometry</td>
<td></td>
<td>20</td>
<td>80</td>
<td>3 hrs</td>
</tr>
<tr>
<td>III</td>
<td>Emerging areas and trends of psychology</td>
<td></td>
<td>20</td>
<td>80</td>
<td>3 hrs</td>
</tr>
<tr>
<td>IV</td>
<td>Review of literature</td>
<td></td>
<td>40</td>
<td></td>
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## M.Phil. SEMESTER II

<table>
<thead>
<tr>
<th>Paper No.</th>
<th>Course Title</th>
<th>M. Marks: 100</th>
<th>Internal Assessment</th>
<th>EoSE</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>(A) Environment and Behaviour</td>
<td></td>
<td>20</td>
<td>80</td>
<td>3 hrs</td>
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<tr>
<td></td>
<td>or</td>
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<td></td>
</tr>
<tr>
<td></td>
<td>(B) Community Psychology</td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>II</td>
<td>(A) Psychology of Self</td>
<td></td>
<td>20</td>
<td>80</td>
<td>3 hrs</td>
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<tr>
<td></td>
<td>or</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(B) Organisational Behaviour</td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td>III</td>
<td>Practicals</td>
<td></td>
<td></td>
<td>100</td>
<td>3 hrs</td>
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<tr>
<td>IV</td>
<td>Dissertation</td>
<td></td>
<td>40</td>
<td>60</td>
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</tbody>
</table>

### Scheme of Examination:

a) Each Theory paper End of Semester Examination (EoSE) will carry 80 marks. The EoSE will be of 3 hours duration.

b) Part A: Theory paper will contain Four (04) Compulsory questions of Five (05) marks each.

c) Part ‘B’ of Theory paper will contain Four (04) questions with Internal Choice. Each question will carry fifteen (15) marks for correct answer.

d) The topic of The Review of Literature/Dissertation and Supervisor shall be approved by DRC Members. The EoSE will comprise two parts : (i) Presentation (ii) Viva Voce Examination. Evaluation will be done by the External Examiner appointed by the University.

e) Laboratory EoSE Practicals will be of 100 marks and Four (04) hours duration. The EoSE will involve one (01) Practical exercises related to optional paper.

# Registration of Rajasthan
Syllabus of M.Phil / Ph.D Course Work – 1st Semester. 2017

PAPER- I ADVANCED RESEARCH METHODS

   i. Introduction of the Key terms
   ii. Steps issues in the Research process

2. Ethical issues in Psychological research.

3. Research Design-
   i. Single subject and small n design
   ii. Single factor and multifactor design
   iii. Quasi experimental design.

4. Methods of Data Collection : Experimental Method. observation interview, Questionnaire

5. Writing research proposal

6. Qualitative Methods: Case Study, Research Diaries, Ethnic Therapy, Granted Theory, Interviewing with Focus groups, Life History & Narrative Approach

Reference books:-

Paper II -- Advanced Psychometry

Unit I Basics of measurement Theory: measurement in Science, Meaning, Theories of measurement Campbell and Stevens contribution Types of measurement scale: application of Measurement Theory, Problems of Psychological measurement.

Unit II Psychological Testing: test construction Item analysis, Scoring of Test and problems of Scoring, Reliability, validity norms.

Unit III Ethical Issues in Psychological Testing

Unit (IV) Analysis of Data

(i) Comparing means: One or two sample 't' test
(ii) Analysis of variance: One way, two way and post hoc comparison
(iii) Correlation analysis: Simple, partial, multiple
(iv) Regression analysis: Simple, multiple
(v) Factor analysis: Purpose and interpretation
(vi) Chi square test of Independence for discrete data.

Reference Books:
PAPER-III- EMERGING AREAS AND TRENDS OF PSYCHOLOGY

1. Stress & Coping: Nature of Stress, Major types of Stress, Responding to Stress, Potential Effects of Stress, Factors Influencing Stress Tolerance, Stress Management, Concept of coping, Common coping patterns -- appraisal focused, constructive coping, problem focused coping, emotion focused coping, Application -- Achieving self-controlled.

2. Marriage and intimate relationship: Traditional vs modern model of marriage, Marital adjustment across family life cycle, Vulnerable areas of marital adjustment, Divorce, Alternatives to Marriage, Dynamics of Intimate Violence.


5. Positive Psychology: Introduction to positive psychology, Eastern and western perspective of positive psychology, Positive emotional states and processes -- positive affect, positive emotions happiness and well being, Emotional intelligence, Positive cognitive states and processes -- self-efficacy, optimism, hope, mindfulness, flow and spirituality.

References:


Paper IV- REVIEW OF LITERATURE
M.PHIL (SEMESTER-II) PSYCHOLOGY

PAPER-IV (A) ENVIRONMENT AND BEHAVIOUR

M.Mark : 100
Seminar.: 20
Examination: 80
Time : 3 hrs.

Note:-A) Eight questions would be set in all.
B) There would be two questions from each of the four units.
C) There would be at least four numerical questions (one from each unit) in all.
D) Candidate would be required to attempt four questions (selecting one from each unit.)

UNIT-I

Nature of Environmental Psychology, Theories of Environment Behaviour relationships, Research Methods.
Environmental Perception and Cognition.

UNIT-II

Values, Beliefs and Attitudes about the environment.
Weather, Pollution and Behaviour: Heat, Cold Temperature, Barometric pressure and attitude, air water and noise pollution.

UNIT-III

Personal space and Territoriality:
Functions, methods and determinants of personal space. Functions of territoriality.
Crowding: Effects of population density on animals and humans.

UNIT-IV

Work, leisure and recreational Environment. Future environment.
Changing behaviour to save the environment: Environmental Education, Reinforcement techniques, Approaches to specific environmental problems.

References:


.credentials
PAPER-IV (B) COMMUNITY PSYCHOLOGY

M.Mark : 100
Seminar.: 20
Examination: 80
Time : 3 hrs.

Note:-
A) Eight questions would be set in all.
B) There would be two questions from each of the four units.
C) There would be at least four numerical questions (one from each unit) in all.
D) Candidate would be required to attempt four questions (selecting one from each unit.)

UNIT-I

Nature and Goals
Community Psychology: Nature, historical background, Goals.
Research Methods in Community Psychology:
Correlational, ethnography and epidemiology.

UNIT-II

Social Indicators:
Population, unemployment, alcoholism and drug dependence.
Poverty and beggary, Problems of women, adult education.

UNIT-III

Models of Mental Health
Medical, behavioural, humanistic and public health.
Specific Social Issues
Child maltreatment, teen pregnancy, elderly, homelessness.

UNIT-IV

Techniques of Community Intervention.
Crisis intervention, consultation, use of non-professional professionals, mental health education.

References:
PAPER-V (A) PSYCHOLOGY OF SELF

Note:A) Eight questions would be set in all.
B) There would be two questions from each of the four units.
C) There would be at least four numerical questions (one from each unit) in all.
D) Candidate would be required to attempt four questions (selecting one from each unit.)

UNIT-I

UNIT-II
Self Perception:
Concept of Self Identity, Thinking about the self, gaining self knowledge, Presentations and maintenance
Self and Personality
Psychoanalytic view,
Neo analytic views,
Murray Cattell and Kelley’s view

UNIT-III
Humanistic and Existential Theories
Basic nature of human beings, structure of personally, Development and Application.
Self in Indian Thought:

UNIT-IV
Self Management and Personal Growth.
Social Identity and psychosocial stress, Quality of life and well-being. Stress in the concept of self, self efficacy and other coping strategies.

References:
PAPER-V (B) ORGANIZATIONAL BEHAVIOUR

Note:-A) Eight questions would be set in all.
B) There would be two questions from each of the four units.
C) There would be at least four numerical questions (one from each unit) in all.
D) Candidate would be required to attempt four questions (selecting one from each unit.)

UNIT-I

Organizational Behaviour: Introduction, Managing Self Competency, Communication Competency, Diversity Competency, Managing across culture competency, Team competency and learning competencies.

UNIT-II

Motivation in the work setting: Models of Motivation: Content Models and Process Models of Motivation. Motivating Performance: Goal setting and Reward systems, Motivation & its applications: Management by objectives (MBO), Employee Recognition Programmes, Employee Involvement

UNIT-III

Group and Team Behaviour: Types and Developmental stages, Influences on Team effectiveness, Conflict and Negotiation: Conflict Management, Negotiation in Conflict Management.

UNIT-V

Decision making in Organization: Models and Stages of managerial Decision making, Organizational Culture and Organizational Change: Dynamics of Organizational Culture, Challenges and Resistance to change, Ethical Issues in Organizational Change.

References: