UNIVERSITY OF RAJASTHAN
JAIPUR

SYLLABUS

M.A/M.SC. PSYCHOLOGY

Semester Scheme

I/II Semester Examination  2018-19
III/IV Semester Examination  2019-20
DEPARTMENT OF PSYCHOLOGY  
UNIVERSITY OF RAJASTHAN  
SYLLABUS  
M.A./M.Sc. Psychology (Semester Scheme)  
Syllabus (2019-20) (2020-21)

Course Structure: M.A./M.Sc. Psychology (Semester Scheme) course will be comprising of Four (4) Semesters. Each Semester of Master's course will offer 36 credits. For award of Master degree Minimum 120 Credits are required.

The Credit Courses have been classified as:

a) Compulsory Core Course (CCC)
b) Elective Core Course (ECC)
c) Seminar (SEM), Project Work (PRJ), Field Study (FST)
d) Contact Hours: Lecture (L), Tutorial (T), Practical (P), Self Study (SS)

Scheme of Examination:

a) Each Theory paper End of Semester Examination (EoSE) will carry 100 marks. The EoSE will be of 3 hours duration.
b) Part 'A' of Theory paper will contain 10 Short Answer Questions of 30 marks, based on knowledge, understanding and applications of the topics/texts covered in the syllabus. Each question will carry three (03) marks for correct answer.
c) Part 'B' of Theory paper will contain seven (07) questions. Out of which candidate has to attempt five (05) questions. Each question will carry five (05) marks for correct answer.
d) Part 'C' of paper will consist of three (03) questions with internal choice of 15 marks each. The limit of answers will be of five pages.
e) Each Laboratory EoSE will be of 100 marks and Four (4) hours duration. The EoSE will involve one (1) Major (60 marks) and one (1) Minor (40 marks) experiment/test and Viva-voce examination with weightage in ratio of 75:25.
f) Each Seminar (SEM), Project Work (PRJ), Field Study (FST), Training will have Continuous Internal Assessment by the guiding teacher. Every EoSE will be of 100 marks and Four (4) hours duration. The EoSF will involve Two Course Categories of 50 marks each and will comprise of Submission and Presentation of Reports and Viva-voce examination.
g) Continuous Assessment will consist of two components, namely (i) Internal Assessment and (ii) Sessional Exams in ratio 20:80. The internal assessment component will comprise of assessment of students' performance on the basis of factors like Attendance, Classroom participation, Quiz, Home Assignment, etc. The sessional test shall be conducted on coverage of 50% of course content.
### M.A. / M.Sc. Semester-I

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**Total Credits**: 36

## M.A. / M.Sc. Semester-IV

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**Total Credits**: 36

Dy. Registrar
(Academic)
University of Rajshahi
M.A./M.Sc. Syllabus Semester I

PSY 701  Theoretical Approaches in Psychology


Books Recommended:

PSY 702  Psychopathology


Unit-II: Classification of Mental Disorders. Latest APA and WHO Classifications. Development, Advantages and Disadvantages of Classification System.


Books Recommended:

- The ICD-10 Classification of Mental and Behavioural Disorders, (2007) WHO.

PSY 703 Research Methods


Unit II: Quantitative Research Methods - Laboratory Experiments Field Experiments & Field Studies

Unit III: Qualitative Research Methods Participant Observation, Focus Groups, Interviews Thematic Analysis,Grounded Theory,Discourse Analysis.

Unit IV: Report Writing: Research Report Writing (APA Style); Ethics in Psychological Research.

Books Recommended:

PSY A 01: Developmental Psychology


Unit-II: Self and Identity: Self Awareness, Self Concept and Self-Esteem; Cognitive Social and Cultural Influences; Identity: Nature and Meaning; Construction and Influences on Identity Development.


Books Recommended:


PSY A02: Environmental Psychology

Unit-I: Environmental Psychology: Nature and Scope; Research Methods in Environmental Psychology. Theories and Approaches: Arousal, Overload, Behaviour Constraint, Control, Stress Approaches; Trail, Interational, Organismic and Transactional Theories.

Unit-II: Environmental Perception and Cognition: Nature, Characteristics and Factors; Theories of Environmental Cognition.


Unit-IV: Residential Environmental Psychology: Nature and Characteristics; Environment and Behavior in the Residence; Residential Environmental Design.

Books Recommended:


• Susan D. Clayton (2012): The Oxford Handbook of Environmental and Conservation Psychology. UK.


• Internet: www.abacon.com

• Internet: www.mlbd.com

• Internet: www.amazon.com

**PSY A03:** Vocational Psychology

**Unit-I:** Introduction: Definition, Meaning, History of Vocational Psychology; Current issues and innovations in Vocational Psychology; Work Adjustment, Career Counselling.

**Unit-II:** Theoretical Perspectives: Trait and Factor Theories; Holland, Dawis, Value Based Theory of Occupational Choice; Brown, Developmental Theories; Super, Gottfredson and Learning Theories; Krumboltz, Bandura.

**Unit-III:** Vocational Choice: Meaning, Definition, Vocational Decision Making Process, Decision Making Styles, Vocational Rehabilitation.

**Unit-IV** Clients with Special Needs: Individuals with Disabilities, Women in the Workforce, Displaced Workers, Economically Disadvantaged Group

**Books Recommended:**


### M.A. / M.Sc. Semester-1

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<tr>
<th>A</th>
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<tr>
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<td>2. Paired Comparison Method (Feeling Values / Preferences)</td>
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<td>1. Differential Aptitude Test</td>
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<td>2. Wechsler Adult Intelligence Scale</td>
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<td>2. Creative Thinking (Verbal and Non-Verbal) Test</td>
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<td>3. Mental Health (Subjective, Psychological &amp; Social Wellbeing)</td>
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<td>4. Clinical Analysis Questionnaire</td>
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<td>5. Cognitive Capabilities Test for Transition Period</td>
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<td>6. Pro Environmental Behaviours Scale</td>
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<td>5. Educational &amp; Developmental</td>
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<td>6. Cognitive &amp; Neuropsychological</td>
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### PSY 731  Project Work

1. Review of Literature
2. Synopsis Preparation
M.A./M.Sc. Semester II

PSY 801  Advanced Social Psychology


Unit-IV: Understanding of Self: Personal Vs. Social Identity. Self Concept, Self-Esteem; Gender Identity; Gender Differences in Self-Esteem, Social Comparison and Self; Self as a target of Prejudice.

Books Recommended:
seducation.
seducation

PSY 802  Biopsychology
Unit-I: Introduction: Definition and Scope; Evolution of Human Brain. Research Methods and Tools of Biopsychology.


Unit III: Learning and Memory: Nature of learning. Neural Mechanism of Learning and Memory: Disorders of Memory, Cortical Localization and Language Disorders.

Unit IV: Biological Basis of Psychological Disorders: Schizophrenia, Affective Disorder, Depression and Mania, Anxiety Disorders.
Books Recommended:

- Tripathi, B. and Tripathi, A (1989) आधुनिक दैनिक मनोविज्ञान. गोरखपुर, वैशाली प्रकाशन, गोरखपुर।

PSY 803 Statistics in Psychology

Unit-I: Normal Distribution: Meaning and Importance; Properties of Normal Probability Distribution; Application of Normal Probability Curve; Divergence from Normality.

Unit-II: Parametric Statistics – Correlation : Product Moment method (Real Mean Method, assumed mean method), construction of scatter diagram, Biserial and Point Biserial Method. Significance of Difference between Means (Large Small, Correlated and Independent groups) Analysis of Variance- One Way and Two Way Analysis of Variance.

Unit-III: Non-Parametric Statistics: Difference between Parametric and Non parametric Statistics, Chi-Square Test (Equal and Normal Probability Hypothosis); Sign Test, Median Test, Mann-Whitney U Test, Friedman Test, Two way ANOVA.

Unit-IV: Multiple Regression: Meaning, Types and Uses; Interpretation of Data. Factor Analysis: Meaning, Types and Uses; Interpretation of Data.

Books Recommended:

PSY B 01 Psychology of Personality


Unit-IV: Humanistic, Existential and Person – Situation Interactionist Theories: Rogers, Frankl, Maslow, Sullivan, Murray and Mischel.

Books Recommended:


PSY B02 Clinical Disorders

Unit-I: Anxiety, Obsessive-Compulsive, Trauma and Stressor-related Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-II: Depressive, Bipolar and Dissociative. Somatic Symptom and Related Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-III: Schizophrenia Spectrum and other Psychotic Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-IV: Personality and Substance-Related and Addictive Disorders: Nature, Types, Clinical Picture and Causal Factors

Books Recommended:

- The ICD-10 Classification of Mental and Behavioural Disorders. (2007) WHO
PSY B03 Counseling Psychology


Unit-II Counselling Process and Skills: Counselling Relationship – Meaning and Nature, Basic Communication Skills, Counselling Interview, Counselling Skills - Rapport Building, Assessment of Problem, Setting Goals, Selecting and Designing Interventions, Termination of Counselling.

Unit-III Theories of Counseling: Psychoanalytic Theory, Individual Psychology, Person Centred Theory, Behavioural Theory, Rational Emotive Behaviour Therapy, Reality Therapy, Transactional Analysis, Gestalt Counselling.


Books Recommended:

### PSY 811 General Lab

#### M.A. / M.Sc. Semester-II

<p>| A | Experiments | 1 | Concept Formation  |</p>
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<p>| B | Major Tests | 1. | Biofeedback |</p>
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<p>| C | Minor Tests | 1. | Sociometry |
|   |             | 2. | RINPAS Family Relations Test |
|   |             | 3. | Bender Gestalt Visual-Motor Test |
|   |             | 4. | Psycho-Physiological State Inventory |
|   |             | 5. | NEOPI-R |
|   |             | 6. | Edwards Personal Preference Schedule |
|   |             | 7. | Psychiatric Rating Scales |</p>
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<p>| D | Counselling | 1. | Interviewing Skills |
|   |             | 2. | Listening Skills |
|   |             | 3. | Empathy-Building Skills |
|   |             | 4. | Problem Solving Skills |</p>
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<th>Coping with Feelings</th>
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*Source: Philip Barnard (1992) Counselling Skills for Trainers, Viva Books, New Delhi*

### PSY 831 Project Work

1. Data Collection and Treatment
2. Project Report Writing
M.A./M.Sc. Semester III

PSY 901 Positive Psychology
PSY 902 Cognitive Psychology
PSY 903 Research Designs
PSY C01 Health Psychology
PSY C02 Organizational Behavior
PSY C03 Neurodevelopmental and Neurocognitive Disorders
PSY 911 General Lab
PSY 931 Project Work

PSY 901: Positive Psychology

Unit I: Human Strengths and Pro-Social Behavior: Human Strengths: Gallup’s Clifton Strength Finder and VIA Classification. Pro-Social Behavior: Empathy, Altruism, Gratitude and Forgiveness.


Unit IV: Resilience: Meaning, Developmental and Clinical Perspective, Sources of Resilience: Successful Aging and Growth through Trauma, Self-Regulation and Self-Control: Theories and Planning for Self-Regulation Success.

Books Recommended:


PSY 902 Cognitive Psychology

Unit I: Introduction: Meaning, Historical Antecedents and Emergence, Research Methods and tools in cognitive psychology, Cognition across life span, Metacognition


Unit III: Memory and Representation of knowledge: Memory: Dualist models of memory, Working memory model, Representation of knowledge, Semantic organization of knowledge, Proportional networks, Theories of visual representation.

Books Recommended:


PSY 903 Research Designs

Unit-I: Single Factor Designs: Within Subject Design - Two Conditions and Multiple Conditions Tested within Subject; Between Subject Design: Two Conditions and Multiple Conditions Tested Between Subjects. Single Subject Designs: Advantages and Disadvantages of the Single Subject Approach.

Unit-II: Factorial Design: Two Factor Designs - Factorial within Subject Design, Factorial between Subject Design, Mixed Factorial Design; Three Factor Design: General Layout.

Unit-III: Latin Square Designs: Latin Square Design with One Observation each Cell, Latin Square Design with n Observations each Cell and Latin Square Design with Repeated Measures


Books Recommended:


PSY C 01 Health Psychology

Unit I: Introduction; Concept of Health; Individual and Cross-Cultural Perspectives on Health; Bio-Psycho Social Model of Health. Main Approaches to Study Health Psychology. Research Methods in Health Psychology

Unit III: Treatment Adherence and Patient Empowerment - Character of Adherence Factors Associated with Non-Adherence, Alternative to Adherence, Medical Error, Patient Empowerment


Recommended Book:


PSY C02 Organizational Behaviour

Unit-I: Introduction: Definition and Relationship to other Fields; Theoretical Frameworks - Cognitive, Behaviouristic, Social Cognitive; Ethics and Ethical Behaviors in Organizations; Organizational Commitment - Meaning, Outcomes and Guidelines to enhance Organizational Commitment.

Unit-II: Motivational Needs and Processes: Meaning, Work Motivation Approaches; Content Theories of Work Motivation; Marlow's Hierarchy of Needs, Herzberg's Two Factor Theory; Alderfer's ERG Theory; Process Theories of Work Motivation - Vroom's Expectancy Theory; Porter Lawler Modal; Contemporary Theories of Work Motivation - Equity Theory of Work Motivation; Job Satisfaction - Meaning, Influences and Outcomes.


Books Recommended:

PSY C03: Neurodevelopmental and Neurocognitive Disorders


Unit-III: Attention-Deficit Hyperactivity and Autism Spectrum Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-IV: Delirium, Major and Mild Neurocognitive Disorders: Nature, Types, Clinical Picture and Causal Factors

Books Recommended:


- The ICD-10 Classification of Mental and Behavioural Disorders. (2007) WHo.


PSY 911 General Lab

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PSY 931  Project Work
1  Seminar
2  Field Study (Academic Tour)

M.A./M.Sc. Semester IV

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**PSY X01  Applied Psychology**

**Unit-I:** Forensic Psychology: Nature and Importance; Work of Forensic Psychologist - Training and Ethical issues in Forensic Psychology.

**Unit-II:** Sports Psychology: Meaning, Nature and Scope; Psychological Interventions, Psychological Intervention in Team Sports rehabilitation of Injured Athletes. Military Psychology: Mental Health of Army Personnel, Psychological Tests for Selection and Training; Psychological Interventions.

**Unit-III:** Psychology of Information Technology and Mass Media: Understanding Wellbeing and Human Rights through Information Technology; Media and Communication; Media Violence, Media Management (Advertising and Public Relations), Cyber Crime.


**Books Recommended:**

Unit-I: Indian Psychology: Introduction, Theoretical Model; Meta Theory, Possible Hypotheses, Methodological Issues and Integral Research Skills; Implications and Applications; Differences with Western Psychology.

Unit II: Mind and Personality: Beyond Mind, Ego and Ahamkara. Advaita Vedantic Model, Buddhist Models, Sri Aurobindo's perspective.

Unit-III: Knowledge and Consciousness: Indian Perspectives and Sri Aurobindo's reflection on Knowledge, Attitude and Means of Knowledge; Integral View on Consciousness.

Unit-IV: Healing and Therapeutic Psychology: Ayurveda and Pratyahara: Concept and Scope; Psychotherapy and Indian Thought: Integral Yoga Psychology

Books Recommended:

PSY X 03 Psychological Testing


Unit-II: Test Construction: Defining the Test, Selecting a Scaling Method Constructing the items, testing the items and Revising the test and publishing the test.

Unit-III: Reliability: Concept and Types, Validity: Concept and Types. Norms: Statistical Concepts, Types of Norms Developmental Norms, Within Group Norms

Unit-IV: Application of Psychological testing: Educational setting, Counseling & Guidance, Clinical Setting And Organizational Setting

Books Recommended:
PSY D 01 Educational Psychology

Unit-I: Introduction: Concept, Nature, Aims, and Objectives of Educational Psychology. Conceptual and Theoretical Perspectives: Behaviouristic, Social Learning, Piaget and Neo-Piagetian Theories and their Applications in Teaching, Cognitive and Humanistic Approaches to Education.

Unit-II: Education and Intelligence: Individual and Group Differences, Theories of Intelligence, Multiple Intelligence, Issues in Intelligence Testing; Schooling and Cognition; Gender Differences/Issues in the Classroom; Gifted and Talented Students.

Unit-III: Education of Exceptional Children: Categories of Exceptionality; Labeling and Educational Relevance; Physically Challenged Students; Students with Cognitive Disabilities or Brain Dysfunction and Communication Disorders; Students with Emotional and Behaviour Disorders; Attention Deficit Hyperactivity Disorder (ADHD) Specific Learning and Reading Disability.


Books Recommended:


PSY D 02 Human Resource Management


Books Recommended:

- Robbins, S.P. & Decenzo, D.A. - Personal/ Human Resource Management. 3rd Prentice-Hall, New Delhi-India

PSY D03: Diagnostic and Therapeutic Techniques

Unit I: Clinical Assessment: Clinical Observation; Mental and Physical Status Examination, Case History taking, Clinical interview; Behavioural, Cognitive, Relational and Bodily assessment

Unit-II: Psychometric and Neuropsychological Assessment: Objective, Projective, Individual; Group and Battery Tests of Intelligence and Personality, Psychiatric Rating Scales. Neuropsychological Assessment of Cognitive, Sensory Motor and Perceptual Problems.


Books Recommended:

### M.A. / M.Sc. Semester-IV

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<td>5. Seminar Presentation</td>
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**PSY X31 Project Work**

Research Article Writing & Presentation in National Conference/ Capacity Building Workshop/ Training.

The EoSE will be of 100 marks in which a board of examiners will hold a Presentation and Viva-voce Examination based on the Report submitted by the candidate. The EoSE will also take in to consideration the Certificate and Assessment provided by respective Supervisor.

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[Signature]  
Dr. Registrar (Acad.)  
University of Rajasthan  
AIFUR