UNIVERSITY OF RAJASTHAN
JAIPUR

SYLLABUS

M.A/M.Sc. Psychology

Semester Scheme
I/II Semester Examination 2016-2017
III/IV Semester Examination 2017-2018

By Registrar
(Academic)
University of Rajasthan
JAIPUR
DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF RAJASTHAN
SYLLABUS

M.A./M.Sc. Psychology (Semester Scheme)
Syllabus (2016-17)(2017-18)

Course Structure: M.A./M.Sc. Psychology (Semester Scheme) course will be comprising of Four (4) Semesters. Each Semester of Master's course will offer 36 credits. For award of Master degree Minimum 120 Credits are required; 30 credits minimum for each Semester.

The Credit Courses have been classified as:

a) Compulsory Core Course (CCC)
b) Elective Core Course (ECC)
c) Seminar (SEM), Project Work (PRJ), Field Study (FST)
d) Contact Hours: Lecture (L), Tutorial (T), Practical (P), Self Study (SS)

Scheme of Examination:

a) Each Theory paper End of Semester Examination (EoSE) will carry 100 marks. The EoSE will be of 3 hours duration.

b) Part 'A' of Theory paper will contain 10 Short Answer Questions of 20 marks, based on knowledge, understanding and applications of the topics/texts covered in the Syllabus. Each question will carry two (2) marks for correct answer.

c) Part 'B' of paper will consist of Four (4) questions with internal choice of 20 marks each. The limit of answers will be of five pages.

d) Each Laboratory EoSE will be of 100 marks and Four (4) hours duration. The EoSE will involve one (1) Major and one (1) Minor experiment/test and Viva-voce examination. Continuous Internal Assessment will be made on the basis of Attendance, Classroom participation, Presentation, Quiz, Home Assignment, etc.

e) Each Seminar (SEM)/ Project Work (PRJ)/ Field Study (FST)/ Training will have Continuous Internal Assessment by the guiding teacher. Every EoSE will be of 100 marks and Four (4) hours duration. The EoSE will involve One/Two Course Categories and will comprise of Submission and PPT Presentation of Reports and Viva-voce examination.

f) Continuous Assessment will consist of two components, namely (i) Internal Assessment and (ii) Sessional Test(s) in ratio 30:70. The internal assessment component will comprise of assessment of students' performance on the basis of factors like Attendance, Classroom participation, Quiz, Home Assignment, etc. The sessional test shall be conducted on coverage of 50% of course conte
### M.A. / M.Sc. Semester-I

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### M.A. / M.Sc. Semester-II

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### M.A. / M.Sc. Semester-IV

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M.A. / M.Sc. Semester-I

PSY 701: Theoretical Approaches in Psychology
PSY 702: Psychopathology
PSY 703: Research Methods
PSY A01: Developmental Psychology
PSY A02: Environmental Psychology
PSY A03: Vocational Psychology
PSY 711: General Lab
PSY 731: Project Work (Literature Review & Synopsis Preparation)

PSY 701  Theoretical Approaches in Psychology


Unit-III: Associationism and Behaviorism: Ebbinghaus, Thorndike, Pavlov, Watson, Tolman and Lashley.

Unit-IV: Psychoanalysis and Post-Psychoanalysis: Freud, Jung, Adler, Horney, Fromm, Erikson and Sullivan.

Unit-V: Dynamic and Gestalt Psychology: Dynamic Psychology: McDougall and Woodworth; Gestalt Psychology: Wertheimer, Koffka and Kohler.

Unit-VI: Humanistic and Cognitive Psychology: Humanistic Psychology: Rogers and Maslow; Cognitive Psychology: Piaget and Chomsky.

Books Recommended:


PSY 702  Psychopathology

Unit-I: Normality: Concept of Normality and Pathology; Vulnerability, Resilience and Coping Paradigm. Meaning of Mental health and Mental disorder.

Unit-II: Classifications of Mental Disorders: APA and WHO Classifications. Development, Advantages and Disadvantages of Classification System.

Unit-IV: Causal Factors: Biological, Psycho-social and Socio-cultural Causal Factors, Diathesis-Stress Model.

Unit-V: Symptomatology of Mental Disorders: Cognitive, Cognitive and Affective Symptoms

Unit-VI Prevention of Mental Disorders: Levels of Prevention, Situation-Focused and Competency-Focused Prevention; Mental Hospital as a Therapeutic Community.

Books Recommended:

**PSY 703 Research Methods**

Unit I: Introduction: Scientific Approach and Theory Building; Types of Research: Experimental, Quasi experimental and Correlational Research.


Unit III: Research Design: Criteria of Good Research Design, Within Subject Design, Between Subject Design and Factorial Design.

Unit IV: Experimental Research: Laboratory Experimental Research and Field Experiment Research, Experimental Validity and Control.

Unit V: Non Experimental Research: Observation, Archival, Case Study and Survey Research

Unit VI: Report Writing: Research Report Writing (APA Style); Ethical Issues in Psychological Research.

Books Recommended:


PSY A01 Developmental Psychology


Unit-II Self and Identity: Self Awareness, Self Concept and Self-Esteem; Cognitive Social and Cultural Influences; Identity: Nature and Meaning; Construction and Influences on Identity Development.

Unit-III Psychoanalytic and Psychodynamic Theories: Freud, Erikson and Bowlby.

Unit-IV Social Learning and Cognitive Theories: Bandura, Piaget, Vygotsky; Information Processing Theory and Language Development.


Unit-VI Physical Development and Aging: Building Blocks of Growth and Development; Gerontology and Theories of Aging: Damage Theories, Genetic Clock Theories and Bio-Psychosocial Model.

Books Recommended:


PSY A02 Environmental Psychology

Unit-I: Environmental Psychology: Nature and Scope; Research Methods in Environmental Psychology.

Unit-II: Theories and Approaches: Arousal, Overload, Behaviour Constraint, Control, Stress Approaches; Trait, Interactional, Organismic and Transactional Theories.


Unit-V: Territoriality: Meaning, Measurement and Influences on Territoriality, Theories of Territoriality and Human Behaviour.

Unit-VI: Residential Environmental Psychology: Nature and Characteristics; Environment and Behaviour in the Residence; Residential Environmental Design.

Books Recommended:

- Susan D. Clayton (2012): The Oxford Handbook of Environmental and Conservation Psychology. UK.
- Internet: www.abacon.com
- Internet: www.mlbd.com
- Internet: www.amazon.com

PSY A03 Vocational Psychology

Unit-I: Introduction: Definition, Meaning and Subject Matter of Vocational Psychology; Vocational Choice – Meaning and Early Determinants.

Unit-II: Theoretical Perspectives: Ginzberg, Super, Holland and Roe; Trait Factor, Development and Learning Theories.

Unit-III: Vocational Choice: Vocational Choice and Career Decision Making Processes; Problems of Vocational Choice.

Unit-IV: Other Dimensions of Vocational Choice: Systems for Defining Vocational Problems, Problems of Vocational Indecision and Vocational Unrealism.

Unit-V: Clients with Special Needs: Individuals with Disabilities, Women in Workforce, Displaced Workers, Economically Disadvantaged Group.
Unit-VI: Ethical Issues: Ethics and Competencies Needed for Career Development; Future Concerns of Vocational Development.

Books Recommended:

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<th>M.A. / M.Sc. Semester-I</th>
<th>PSY 711 General Lab</th>
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| **A** Experiments       | 1. Psychophysical Experiments (RL/DL)  
                          | 2. Paired Comparison Method (feelings/values/preferences) |
| **B** Major Tests       | 1. Differential Aptitude Test  
                          | 2. Wechsler Adult Intelligence Scale |
| **C** Minor Tests       | 1. Sixteen Personality Factors  
                          | 2. Creative Thinking (Verbal and Non-Verbal) Test  
                          | 3. Mental Health (Subjective, Psychological & Social Wellbeing)  
                          | 4. Clinical Analysis Questionnaire  
                          | 5. Cognitive Capabilities Test for Transition Period  
                          | 6. Pro Environmental Behaviour Scale  
                          | 7. Self Directed Search  
                          | 8. Career Decision Scale |
| **D** Cataloguing & Profiling (any two) | 1. Clinical & Health  
                          | 2. Social & Environmental  
                          | 3. Vocational & Organizational  
                          | 4. Self & Personality  
                          | 5. Educational & Developmental  
                          | 6. Cognitive & Neuropsychological |
PSY 731: Project Work (Literature Review & Synopsis Preparation)

M.A. / M.Sc. Semester-II

PSY 801: Advanced Social Psychology
PSY 802: Biopsychology
PSY 803: Statistics in Psychology
PSY B01: Psychology of Personality
PSY B02: Clinical Disorders
PSY B03: Counselling Psychology
PSY 811: General Lab
PSY 831: Project Work (Field Study & Report writing) (Academic Tour)

PSY 801 Advanced Social Psychology


Unit-II: Attitudes and Prejudices: Attitude – Meaning, Theories, Attitude change; Prejudice – Origin and Cognitive basis; Techniques to Control Prejudice.

Unit-III: Social Influence: Conformity – Nature and Characteristics; Counter Conformity and Independence; Factors affecting Conformity; Theories of Conformity; Compliance – Meaning and Nature; Principles of Compliance; Obedience – Basis and Experimental Studies.


Unit-V: Understanding of Self: Personal Vs. Social Identity, Self Concept, Self-Esteem; Gender Identity; Gender Differences in Self-Esteem, Social Comparison and Self; Self as a target of Prejudice.


Books Recommended:

PSY 802  Biopsychology

Unit-I:  Introduction: Definition and Scope; Evolution of Human Brain. Research Methods of Biopsychology.

Unit-II:  Nervous System: Neuron-Structure, Types and Functions; Spinal cord; Central Nervous System and Peripheral Nervous System-Structure and Functions. Neural conductors and Synaptic Transmission; Neurotransmitters.

Unit-III:  Learning and Memory: Nature of learning, Neural Mechanism of Learning and Memory; Disorders of Memory.

Unit-IV:  Lateralization and Language Disorders : Cerebral lateralization of Brain, Functions of Left and Right Hemispheres. Cortical localization of Language and Language Disorders.


Unit-VI:  Biological Causes of Psychiatric Disorders: Schizophrenia, Affective Disorder, (Depression and Mania), Anxiety Disorders.

Books Recommended:

- Tripathi, B. and Tripathi, A. (1989) आधुनिक दैहिक मनोविज्ञान, गोरखपुर, वैशाली प्रकाशन, बबरीपुर।
PSY 803  **Statistics in Psychology**

Unit-I: Normal Distribution: Meaning and Importance; Properties of Normal Probability Distribution; Application of Normal Probability Curve; Divergence from Normality.

Unit-II: Correlation: Meaning and Interpretation of Coefficient of Correlation; Biserial, Tetrachoric, Partial Correlation (First Order).

Unit-III: Significance of Difference between (Small and large, Dependent, Correlated and Independent groups): Means, Standard Deviations, Correlation of Coefficients, Interpretation of Values. Analysis of Variance: One way Analysis of Variance, Two way Analysis of Variance, General Uses and limitations of Analysis of Variance. Interpretation of F Value.

Unit-IV: Non-Parametric Statistics: Difference between Parametric and Non parametric Statistics, Chi-Square Test (Equal and Normal Probability Hypothesis); Sign Test, Median Test, Mann-Whitney U Test, Friedman Test, Two way ANOVA, H-Test, Sandler’s A Test.

Unit-V: Multiple Regression: Meaning, Types and Uses; Interpretation of Data.

Unit-VI: Factor Analysis: Meaning, Types and Uses; Interpretation of Data.

**Books Recommended:**

PSY B01  **Psychology of Personality**


Unit-II: Psychoanalytic, Neo-analytic and Ego Theories – Freud, Jung, Adler, Horney, Mahler, Kohut, Erikson.

Unit-III: Biological and Behavioural Theories: Temperament, Socio-Biology and Evolutionary Personality: Pavlov, Watson, Skinner, Hall, Dollard and Miller.

Unit-IV: Cognitive and Social Cognitive Theories: Lewin, Kelly, Seligman, Rotter and Bandura.

Unit-V: Trait and Skill Theories: Cattell, Allport, Big Five Model, Expression Style.

Unit-VI: Humanistic, Existential and Person – Situation Interactionist Theories: Rogers, Frankl, Maslow, Sullivan, Murray and Mischel.
Books Recommended:


PSY B02 Clinical Disorders

Unit-I: Anxiety Disorders: Nature, Types, Clinical Picture and Causal Factors
Unit-II: Mood Disorders and Suicide: Nature, Types, Clinical Picture and Causal Factors
Unit-III: Schizophrenia and other Psychotic Disorders: Nature, Types, Clinical Picture and Causal Factors
Unit-IV: Somatoform and Dissociative Disorders: Nature, Types, Clinical Picture and Causal Factors
Unit-V: Personality Disorders: Nature, Types, Clinical Picture and Causal Factors
Unit-VI: Substance-Related Disorders: Nature, Types, Clinical Picture and Causal Factors

Books Recommended:


PSY B03 Counselling Psychology

Unit-I: Introduction: Nature and Historic Perspectives; Development of Institutional and Agency Counselling Programmes; Professional Counsellor – Roles and Functions.

Unit-II: Counselling Process and Skills: Counselling Relationship – Meaning and Nature, Basic Communication Skills, Counselling Interview; Counselling Skills – Rapport Building, Assessment of Problem, Setting Goals, Selecting and Designing Interventions, Termination of Counselling.
Unit-III Theories of Counselling: Psychoanalytic Theory, Individual Psychology, Person Centred Theory, Behavioural Theory, Rational Emotive Behaviour Therapy, Reality Therapy, Transactional Analysis, Gestalt Counselling.


Unit-V Multicultural Counselling & Counselling for Career Planning and Decision Making; Ethnic Groups and Multicultural Counselling, Current Interests in Career Planning, Career Counselling and the Development of Human Potential, Career Planning and Decision Making in Schools, Career Counselling in Non-School Settings.

Unit-VI Ethical and Legal Guidelines: Nature of Ethics, Ethical Issues, Counsellor and Law, Legal Concerns of Counsellors, Confidentiality, Competence and Malpractice, Counsellors as Expert Witnesses.

Books Recommended:

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<th>PSY 811 General Lab</th>
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<td><strong>A</strong> Experiments</td>
<td>1. Concept Formation</td>
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<td><strong>B</strong> Major Tests</td>
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<td>6. Edwards Personal Preference Schedule</td>
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<td>5. Coping with Feelings</td>
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PSY 831 Project Work (Field Study & Report writing) (Academic Tour)
M.A. / M.Sc. Semester-III

PSY 901: Positive Psychology

Unit I: Introduction: Definition, Goals and Historical Overview; Relationship with other Branches of Psychology; Eastern & Western Perspective on Positive Psychology.

Unit II: Classification And Measures of Human Strengths: Gallup's Clifton Strength Finder, VIA Classification; Identifying Personal Strengths.


Unit V: Pro-Social Behavior: Empathy, Altruism, Gratitude and Forgiveness.

Unit VI: Resilience: Meaning, Developmental and Clinical Perspective, Sources of Resilience, Successful Aging and Growth through Trauma, Self-Regulation and Self-Control: Theories and Planning for Self-Regulation Success.

Books Recommended:


PSY 902: Cognitive Psychology

Unit-I: Introduction: Meaning, Historical Antecedents and Emergence; Research Methods and Tools in Cognitive Psychology.


Unit-IV: Consciousness : Meaning and Levels; Consciousness as a Scientific Construct, Theories of Consciousness - Schacter’s Model of Dissociable Interactions and Conscious Experience, Baars’ Global Workspace Theory; Functions of Consciousness.

Unit-V: Language and Executive Processes: Language - Basic Principles, Speech and Spoken Word Recognition, Reading and Visual word recognition, Syntax and Semantics, Language Production; Executive Processes - Definition, Executive Attention, Switching Attention, Inhibition of Response, Sequencing and Monitoring.


Books Recommended:

PSY 903: Research Designs

Unit-I: Introduction: Meaning and Purpose; Criterion of Research Designs.

Unit-II: Single Factor Designs: Within Subject Design - Two Conditions and Multiple Conditions Tested within Subject; Between Subject Design : Two Conditions and Multiple Conditions Tested Between Subjects.

Unit-III: Factorial Design: Two Factor Designs - Factorial eithin Subject Design, Factorial between Subject Design, Mixed Factorial Design; Three Factor Design : General Layout.

Unit-IV: Single Subject Designs: Advantages and Disadvantages of the Single Subject Approach, Basic Control Strategies in Single Subject Research.
Unit-V: Latin Square Designs: Latin Square Design with One Observation each Cell, Latin Square Design with n Observations each Cell and Latin Square Design with Repeated Measures.


Books Recommended:

PSY C01: Health Psychology


Unit II: Macro Social Environment and Health: Global Health Trends – Exploding Population, Gender, Poverty, Inequality and Growth, Ethnicity and Disability, Social Inequalities and Health; Social Capital Reducing Inequalities; Social Justice and Health.

Unit III: Health Behavior and Experience; Food and Eating, Alcohol and Drinking, Tobacco and Smoking, Exercise and Activity; Sexual Health - Theories, Models and Intervention.

Unit IV: Work and Health: Demographics and Characteristics of Workforce, Health and Well-Being within the Workplace, Role Demands and Control, Occupational Health Psychology; Occupational Stress and Intervention; Health Promoting Behavior; Changing Workforce.

Unit V: Illness Experience and Health Care: Health Communication Approaches and Methods; Pain: Theories and Management; Cancer and Chronic Diseases.

Unit VI: Health Promotion: Screening and Immunization; Health Literacy and Community Health Approaches; Health Promotion Strategies.

Recommended Books:


**PSY C02: Organizational Behavior**

**Unit-I:** Introduction: Definition and Relationship to other Fields; Theoretical Frameworks - Cognitive, Behaviouristic, Social Cognitive; Ethics and Ethical Behaviors in Organizations; Organizational Commitment – Meaning, Out sources and Guidelines to enhance Organizational Commitment.

**Unit-II:** Motivational Needs and Processes: Meaning, Work Motivation Approaches; Content Theories of Work Motivation; Marlow's Hierarchy of Needs. Herzberg's Two Factor Theory; Alderfens ERG Theory; Process Theories of Work Motivation – Vroom's Expectancy Theory; Porter Lawler Modal; Contemporary Theories of Work Motivation – Equity Theory of Work Motivation; Job Satisfaction - Meaning, Influences and Outcomes.

**Unit-III:** Decision Making: Nature and Process; Behavioral Decision Making, Participative Decision Making Techniques, Creativity and Group Decision Making.

**Unit-IV:** Stress and Conflict: Meaning of Stress and Burnout, Causes of Stress - Extra Organizational, Organizational, Group Stressors and Individual Stressors; Effects of Stress, Intra Individual Conflict, Interactive Conflict; Coping Strategies for Stress and Conflict.

**Unit-V:** Communication: Nature and Functions; Non-verbal Communication, Interpersonal Communication, Downward and Upward Communication, Interactive Communication in Organization.

**Unit-VI:** Leadership and Leadership Style: Traditional Theories of Leadership - Trait, Group, Exchange, Contingency, Path, Goal Leadership Theory; Modern Theoretical Processes; Leadership Style: Managerial Grid, Blake and Mouton Managerial Grid, Hersey and Blanchard's Situational Approach.

**Books Recommended:**


PSY C03: Disorders of Childhood and Adolescence

Unit-I: Mental Retardation: Nature, Types, Clinical Picture and Causal Factors

Unit-II: Learning and Motor Skills Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-III: Attention-Deficit and Disruptive Behaviour Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-IV: Pervasive Developmental and Communication Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-V: Eating Disorders and Obesity: Nature, Types, Clinical Picture and Causal Factors

Unit-VI: Sexual Variants and Abuse: Nature, Types, Clinical Picture and Causal Factors

Books Recommended:

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<td>7. Occupational Stress Index</td>
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<td>8. Draw A Man Test</td>
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| **D Qualitative Methods** | 1. Case-study |
|                          | 2. Content analysis |
|                          | 3. Movie-analysis |
|                          | 4. Book-review |
|                          | 5. Focus Group Discussion |

**PSY 931: Project Work (Test Construction/Adaptation)**

[Signature]

Registrar
University of Rajasthan
Jaipur
M.A. / M.Sc. Semester-IV

PSY X01: Applied Psychology
PSY X02: Indian Psychology
PSY X03: Psychological Testing
PSY D01: Educational Psychology
PSY D02: Human Resource Management
PSY D03: Diagnostic and Therapeutic Techniques
PSY X11: General Lab
PSY X31: Project Work (Research Article Writing & Presentation in National Conference/Capacity Building Workshop/Training (Two months/4hrs. each day at least))

PSY X01: Applied Psychology

Unit-I: Forensic Psychology: Nature and Importance; Work of Forensic Psychologist-Organizations, Child and Adult Victims, Role of Eyewitness, Violence Assessment and Intervention. Training and Ethical issues in Forensic Psychology.

Unit-II: Sports Psychology: Meaning, Nature and Scope; Psychological Skills in Sports; Cognitive, Biological, Developmental and Personality Factors in Sports; Training Structure of Applied Sports.

Unit-III: Psychology of Information Technology and Mass Media: Understanding Wellbeing and Human Rights through Information Technology; Media and Communication; Media Violence, Media Management (Advertising and Public Relations), Cyber Crime.

Unit-IV: Military Psychology: Mental Health of Army Personnel, Psychological Tests for Selection and Training; Psychological Interventions.

Unit-V: Community Psychology: Concept, Social Change, Social Action, Leadership in Group Decision Making, Arousing Community Consciousness.


Books Recommended:


PSY X02: Indian Psychology

Unit-I Indian Psychology: Introduction, Psycho-Historical Perspective; Implications and Applications; Vedic View, Psychology-Friendly Meta-Theoretical Framework; Differences with Western Psychology.

Unit-II Systems and Schools: Advaita Vedanta, Jaina Psychology, Buddhist Psychology, Transpersonal Psychology, Yoga Psychology.

Unit-III Personality: Models of Personality, Self and Identity, Sufi Path of Self Transformation, Integral Psychology.

Unit-IV Knowledge and Consciousness: Sri Aurobindo’s reflection on knowledge, Indian Theories of Cognition, Integral Education and beyond Mind; Freedom from Knowledge.

Unit-V Healing and Therapeutic Psychology: Ayurveda, Yoga and Pratyahara.

Unit-VI Indian Psychology and Research: Scientific Method, Integrating Yoga, Epistemology and Ontology; Major Challenges and Perspectives for Future Action.

Books Recommended:

PSY X03: Psychological Testing

Unit-I Psychological Test: Nature, Uses, Functions and Types.

Unit-II Historical Antecedents of Modern Testing; Contribution of Francis Galton, Cattell, Binet and Group Testing.

Unit-III Test Construction: Steps of Test Construction, Item Analysis, Item Response Theory, Cross-Validation.

Unit-IV Reliability: Concept and Types, Factors affecting Reliability.

Unit-V Validity: Concept and Types, Relation of Reliability and Validity.


Books Recommended:
PSY D01: Educational Psychology

Unit-I: Introduction: Concept, Nature, Aims and Objectives of Educational Psychology.

Unit-II: Conceptual and Theoretical Perspectives: Behaviouristic, Social Learning, Piaget and Neo-Piagetian Theories and their Applications in Teaching; Cognitive and Humanistic Approaches to Education.

Unit-III: Education and Intelligence: Individual and Group Differences, Theories of Intelligence, Multiple Intelligence, Issues in Intelligence Testing; Schooling and Cognition; Gender Differences/Issues in the Classroom; Gifted and Talented Students

Unit-IV: Multilingualism and Minority Language Issues in Education: Mother-Tongue Education, Bilingual or Multilingualism Education.

Unit-V: Education of Exceptional Children: Categories of Exceptionality; Labeling and Educational relevance. Physically Challenged Students. Students with Cognitive Disabilities or Brain Dysfunction and Communication Disorders. Students with Emotional and Behaviour Disorders. Attention Deficit Hyperactivity Disorder (ADHD) Specific learning and Reading Disability.

Unit-VI: Educational Assessment and Evaluation; Norm-referenced and Criterion-referenced Tests; Test Scores-Meaning and Types of Interpretation; Standardized Tests – Meaning, Types and Interpretation; Reliability and Validity; Classroom Assessment and Grading. Diversity/Cultural Differences and Assessment.

Books Recommended:

PSY D02: Human Resource Management


Unit-III: Job Analysis and Design: Methods of Job Analysis; Factors affecting Job Design and Techniques of Job Design.

Unit-IV: Acquisition of Human Resource: Recruitment – Nature and Sources; Selection - Purpose and Process of Selection.


Books Recommended:

PSY D03: Diagnostic and Therapeutic Techniques

Unit I: Clinical Assessment: Clinical Observation, Mental and Physical Status Examination, Case History taking, Clinical interview; Behavioural, Cognitive, Relational and Bodily assessment

Unit-II: Psychometric and Neuropsychological Assessment: Objective, Projective, Individual, Group and Battery Tests of Intelligence and Personality, Psychiatric Rating Scales. Neuropsychological Assessment of Cognitive, Sensory Motor and Perceptual Problems; GSR, EEG, ERP, PET, MRI, fMRI Techniques.

Unit-III: Psychotherapies: Definition, Role of Theory, Psychotherapeutic Commonalities, Process of Change, Therapeutic Content; Psychotherapists: Roles and Responsibilities, Ethical Principles, Codes of Conduct.


Unit V: Humanistic – Existential and Gestalt Psychotherapies: Carl Rogers, Ludwig Binswanger, James Bugental, Rollo May, Victor Frankl, Fritz Perls and Alvin Mahrer

Unit-VI: Behaviour and Cognitive Therapies: Joseph Wolpe, Donald Meichenbaum, Thomas Stampfl, Francine Shapiro, Albert Ellis and Aaron Beck.

Books Recommended:


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<td>5. Style of Learning and Thinking</td>
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**PSY X31: Project Work** (Research Article Writing & Presentation in National Conference/Capacity Building Workshop/Training (Two months/4hrs. each day at least))

[Signature]

Registrar (Academic)
University of Rajasthan
Jaipur