University of Rajasthan
Jaipur

SYLLABUS

M.Sc.

(PSYCHOLOGY)

2015-2016 (I & II SEMESTER)
2016-2017 (III & IV SEMESTER)
DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF RAJASTHAN
SYLLABUS (2014-15)

M.A./M.Sc. Psychology (Semester Scheme)

Course Structure: M.A./M.Sc. Psychology (Semester Scheme) course will be comprising of Four (4) Semesters. Each Semester of Master's course will offer 36 credits. For award of Master degree Minimum 120 Credits are required.

The Credit Courses have been classified as:

a) Compulsory Core Course (CCC)
b) Elective Core Course (ECC)
c) Seminar (SEM), Project Work (PRJ), Field Study (FST)
d) Contact Hours: Lecture (L), Tutorial (T), Practical (P), Self Study (SS)

Scheme of Examination:

a) Each Theory paper End of Semester Examination (EoSE) will carry 100 marks. The EoSE will be of 3 hours duration. Will
b) Part 'A' of Theory paper shall contain 10 Short Answer Questions of 20 marks each. Each question will carry two (2) marks for correct answer.
c) Part 'B' of paper will consist of Four (4) questions with internal choice of 20 marks each. The limit of answers will be of five pages.
d) Each Laboratory EoSE will be of 100 marks and Four (4) hours duration. The EoSE will involve one (1) Major (60 marks) and one (1) Minor (40 marks) experiment/test and Viva-voce examination with weightage in ratio of 75:25.
e) Each Seminar (SEM)/ Project Work (PRJ)/ Field Study (FST)/ Training will have Continuous Internal Assessment by the guiding teacher. Every EoSE will be of 100 marks and Four (4) hours duration. The EoSE will involve Two Course Categories of 50 marks each and will comprise of Submission and Presentation of Reports and Viva-voce examination.
f) Continuous Assessment will consist of two components, namely (i) Internal Assessment and (ii) Sesssional Test(s) in ratio 30:70. The internal assessment component will comprise of assessment of students' performance on the basis of factors like Attendance, Classroom participation, Quiz, Home Assignment, etc. The sesssional test shall be conducted on coverage of 50% of course content.
DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF RAJASTHAN
SYLLABUS
M.A./M.Sc. Psychology (Semester Scheme)
Syllabus (2015-17)

Course Structure: M.A./M.Sc. Psychology (Semester Scheme) course will be comprising of
Four (4) Semesters. Each Semester of Master's course will offer 36 credits. For award of
Master degree Minimum 120 Credits are required.

The Credit Courses have been classified as:

a) Compulsory Core Course (CCC)
b) Elective Core Course (ECC)
c) Seminar (SEM), Project Work (PRJ), Field Study (FST).
d) Contact Hours: Lecture (L), Tutorial (T), Practical (P), Self Study (SS)

Scheme of Examination:

a) Each Theory paper End of Semester Examination (EoSE) will carry 100 marks. The
EoSE will be of 3 hours duration.

b) Part 'A' of Theory paper will contain 10 Short Answer Questions of 20 marks, based
on knowledge, understanding and applications of the topics/texts covered in the
syllabus. Each question will carry two (2) marks for correct answer.

c) Part 'B' of paper will consist of Four (4) questions with internal choice of 20 marks
each. The limit of answers will be of five pages.

d) Each Laboratory EoSE will be of 100 marks and Four (4) hours duration. The EoSE
will involve one (1) Major (60 marks) and one (1) Minor (40 marks) experiment/test
and Viva-voce examination with weightage in ratio of 75:25.
e) Each Seminar (SEM)/ Project Work (PRJ)/ Field Study (FST)/ Training will have Continuous Internal Assessment by the guiding teacher. Every EoSE will be of 100 marks and Four (4) hours duration. The EoSE will involve Two Course Categories of 50 marks each and will comprise of Submission and Presentation of Reports and Viva-voce examination.

d) Continuous Assessment will consist of two components, namely (i) Internal Assessment and (ii) Sessional Test(s) in ratio 30:70. The internal assessment component will comprise of assessment of students' performance on the basis of factors like Attendance, Classroom participation, Quiz, Home Assignment, etc. The sessional test shall be conducted on coverage of 50% of course content.
### M.A./M.Sc. Semester-I

<table>
<thead>
<tr>
<th>S. No.</th>
<th>Subject Code</th>
<th>Course Title</th>
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<th>Contact Hours Per Week</th>
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### M.A./M.Sc. Semester-II

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## M.A./M.Sc. Semester-III

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**Total Credits**: 36

**Elective Core Courses**

- PSY 303 Counselling Psychology
- PSY 304 Disorders of Childhood and Adolescence
- PSY 305 Human Resource Management
- PSY 306 Educational Psychology
- PSY 307 Environmental Psychology
## M.A./M.Sc. Semester-IV

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<th>S. No.</th>
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### Elective Core Courses -
- PSY 403 Health Psychology
- PSY 404 Diagnostic and Therapeutic Techniques
- PSY 405 Organizational Behavior
- PSY 406 Psychology of Personality
- PSY 407 Vocational Psychology
M.A./M.Sc. Semester-I

PSY 101: Theoretical Approaches in Psychology

PSY 102: Research Methods

PSY 103: Biopsychology

PSY 104: Psychopathology

PSY 105: Advanced Social Psychology

PSY 111: General Lab

PSY 121: Project Work

i. Review of Literature

ii. Synopsis

PSY 101

Theoretical Approaches in Psychology


Unit-III: Associationism and Behaviorism: Ebbinghaus, Thorndike, Pavlov, Watson, Tolman and Lashley.

Unit-IV: Psychoanalysis and Post-Psychoanalysis: Freud, Jung, Adler, Horney, Fromm, Erikson and Sullivan.

Unit-V: Dynamic and Gestalt Psychology: Dynamic Psychology: McDougall and Woodworth; Gestalt Psychology: Wertheimer, Koffka and Kohler.

Unit-VI: Humanistic and Cognitive Psychology: Humanistic Psychology: Rogers and Maslow; Cognitive Psychology: Piaget and Chomsky.
Books Recommended:


PSY102

Research Methods

Unit I: Introduction: Scientific Approach and Theory Building; Types of Research: Experimental, Quasi experimental and Correlational Research.


Unit III: Research Design: Criteria of Good Research Design, Within Subject Design, Between Subject Design and Factorial Design.

Unit IV: Experimental Research: Laboratory Experimental Research and Field Experiment Research, Experimental Validity and Control.

Unit V: Non Experimental Research: Observation, Archival, Case Study and Survey Research

Unit VI: Report Writing: Research Report Writing (APA Style); Ethical Issues in Psychological Research.
Books Recommended:


PSY103

Biopsychology

Unit-I: Introduction: Definition and Scope; Evolution of Human Brain. Research Methods of Biopsychology.

Unit-II: Nervous System: Neuron-Structure, Types and Functions; Spinal cord; Central Nervous System and Peripheral Nervous System-Structure and Functions. Neural conductors and Synaptic Transmission; Neurotransmitters.

Unit-III: Learning and Memory: Nature of learning, Neural Mechanism of Learning and Memory; Disorders of Memory.

Unit-IV: Lateralization and Language Disorders: Cerebral lateralization of Brain, Functions of Left and Right Hemispheres. Cortical localization of Language and Language Disorders.

Unit-VI: Biological Causes of Psychiatric Disorders: Schizophrenia, Affective Disorder, (Depression and Mania), Anxiety Disorders.

Books Recommended:

- Tripathi, B. and Tripathi, A. (1989) आधुनिक दैहिक मनोविज्ञान, गोरखपुर, वैशाली प्रकाशन, बक्षीपुर।

PSY104

Psychopathology

Unit-I: Normality: Concept of Normality and Pathology; Vulnerability, Resilience and Coping Paradigm. Meaning of Mental health and Mental disorder.

Unit-II: Classifications of Mental Disorders: APA and WHO Classifications. Development, Advantages and Disadvantages of Classification System.


Unit-IV: Causal Factors : Biological, Psycho-social and Socio-cultural Causal Factors, Diathesis-Stress Model.
Unit-V: Symptomatology of Mental Disorders: Cognitive, Cognitive and Affective Symptoms

Unit-VI: Prevention of Mental Disorders: Levels of Prevention, Situation-Focused and Competency-Focused Prevention; Mental Hospital as a Therapeutic Community.

Books Recommended:


PSY105

Advanced Social Psychology


Unit-II: Attitudes and Prejudices: Attitude—Meaning, Theories, Attitude change; Prejudice—Origin and Cognitive basis; Techniques to Control Prejudice.

Unit-III: Social Influence: Conformity – Nature and Characteristics; Counter Conformity and Independence; Factors affecting Conformity, Theories of Conformity; Compliance – Meaning and Nature; Principles of Compliance; Obedience – Basis and Experimental Studies.

Unit-V: Understanding of Self: Personal Vs. Social Identity, Self Concept, Self-Esteem; Gender Identity; Gender Differences in Self-Esteem, Social Comparison and Self; Self as a target of Prejudice.


Books Recommended:


PSY111

General Lab

I. Major Experiments/Tests

1. Wechsler Adult Intelligence Scale

2. Edwards Personal Preference Schedule
II. Minor Experiments/Tests

3. NEO – PI (R)

4. Biofeedback

5. Bender Gestalt Visual-Motor Test

6. Clinical Analysis Questionnaire

7. Sociometry

8. Personal Effectiveness Scale


10. Content Analysis

PSY121

Project Work

1. Review of Literature

2. Synopsis Preparation
M.A./M.Sc. Semester-II

PSY 201: Applied Psychology

PSY 202: Statistics in Psychology

PSY 203: Developmental Psychology

PSY 204: Clinical Disorders

PSY 205: Cognitive Psychology

PSY 211: General Lab

PSY 221: Project Work -
   i. Data Collection and Treatment
   ii. Project Report Writing

PSY 201

Applied Psychology

Unit-I: Forensic Psychology: Nature and Importance; Work of Forensic Psychologist-Organizations, Child and Adult Victims, Role of Eyewitness, Violence Assessment and Intervention. Training and Ethical issues in Forensic Psychology.

Unit-II: Sports Psychology: Meaning, Nature and Scope; Psychological Skills in Sports; Cognitive, Biological, Developmental and Personality Factors in Sports; Training Structure of Applied Sports.

Unit-III: Psychology of Information Technology and Mass Media—Understanding Wellbeing and Human Rights through Information Technology; Media and Communication; Media Violence, Media Management (Advertising and Public Relations), Cyber Crime.

Unit-IV: Military Psychology: Mental Health of Army Personnel, Psychological Tests for Selection and Training; Psychological Interventions.
Unit-V: Community Psychology: Concept, Social Change, Social Action, Leadership in Group Decision Making, Arousing Community Consciousness.


Books Recommended:


PSY 202

Statistics in Psychology

Unit-I: Normal Distribution: Meaning and Importance; Properties of Normal Probability Distribution; Application of Normal Probability Curve; Divergence from Normality.

Unit-II: Correlation: Meaning and Interpretation of Coefficient of Correlation; Biserial, Tetrachoric, Partial Correlation (First Order).

Unit-III: Significance of Difference between (Small and large, Dependent; Correlated and Independent groups): Means, Standard Deviations, Correlation of Coefficients, Interpretation of Values. Analysis of Variance: One way Analysis of Variance, Two way Analysis of Variance, General Uses and limitations of Analysis of Variance, Interpretation of F Value.

Unit-IV: Non-Parametric Statistics: Difference between Parametric and Non parametric Statistics, Chi-Square Test (Equal and Normal Probability Hypothesis); Sign Test, Median Test, Mann-Whitney U Test, Freidman Test, Two way ANOVA, H-Test, Sandler’s A Test.
Unit-V: Multiple Regression: Meaning, Types and Uses; Interpretation of Data.

Unit-VI: Factor Analysis: Meaning, Types and Uses; Interpretation of Data.

Books Recommended:


PSY 203:

Developmental Psychology


Unit-II Self and Identity: Self Awareness, Self Concept and Self-Esteem; Cognitive Social and Cultural Influences; Identity: Nature and Meaning; Construction and Influences on Identity Development.

Unit-III Psychoanalytic and Psychodynamic Theories: Freud, Erikson and Bowlby.

Unit-IV Social Learning and Cognitive Theories: Bandura, Piaget, Vygotsky; Information Processing Theory and Language Development.

Unit-VI Physical Development and Aging: Building Blocks of Growth and Development; Gerontology and Theories of Aging: Damage Theories, Genetic Clock Theories and Bio-Psychosocial Model.

Books Recommended:


PSY 204

Clinical Disorders

Unit-I: Anxiety Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-II: Mood Disorders and Suicide: Nature, Types, Clinical Picture and Causal Factors

Unit-III: Schizophrenia and other Psychotic Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-IV: Somatoform and Dissociative Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-V: Personality Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-VI Substance-Related Disorders: Nature, Types, Clinical Picture and Causal Factors
Books Recommended:


PSY205

Cognitive Psychology

Unit-I: Introduction: Meaning, Historical Antecedents and Emergence; Research Methods and Tools in Cognitive Psychology.


Unit-IV: Consciousness: Meaning and Levels; Consciousness as a Scientific Construct, Theories of Consciousness - Schacter’s Model of Dissociable Interactions and Conscious Experience, Baars’ Global Workspace Theory; Functions of Consciousness.
Unit-V: Language and Executive Processes: Language - Basic Principles, Speech and Spoken Word Recognition, Reading and Visual word recognition, Syntax and Semantics, Language Production; Executive Processes - Definition, Executive Attention, Switching Attention, Inhibition of Response, Sequencing and Monitoring.


Books Recommended:


PSY211

General Lab

I. Major Experiments/Tests

1. Picture Frustration Study

2. Minnesota Multiphasic Personality Inventory

II. Minor Experiments/Tests
3. Bem Sex-Role Inventory
4. Stroop - Test
5. Neuro-Psychological Test
6. Creative Thinking (Verbal and Non-Verbal) Test
7. Piaget's Test for Cognitive Development
8. Standard Progressive Matrices
9. Positive Affect and Negative Affect Scale
10. Case Study (any one Clinical Disorder)

PSY221

Project Work
1. Data Collection and Treatment
2. Project Report Writing
M.A./M.Sc. Semester-III

PSY 301: Positive Psychology
PSY 302: Research Designs
PSY 303: Counselling Psychology
PSY 304: Disorders of Childhood and Adolescence
PSY 305: Human Resource Management
PSY 306: Educational Psychology
PSY 307: Environmental Psychology
PSY 311: General Lab
PSY 321: Project Work
   i. Seminar
   ii. Field Study (Academic Tour)

PSY 301

Positive Psychology

Unit I: Introduction : Definition, Goals and Historical Overview; Relationship with other Branches of Psychology; Eastern & Western Perspective on Positive Psychology.

Unit II: Classification And Measures of Human Strengths : Gallup's Clifton Strength Finder. VIA Classification; Identifying Personal Strengths.


Unit V: Pro-Social Behavior: Empathy, Altruism, Gratitude and Forgiveness.

Unit VI: Resilience: Meaning, Developmental and Clinical Perspectives, Sources of Resilience, Successful Aging and Growth through Trauma, Self-Regulation and Self-Control: Theories and Planning for Self-Regulation Success.

Books Recommended:


PSY302

Research Designs

Unit-I: Introduction: Meaning and Purpose; Criterion of Research Designs.

Unit-II: Single Factor Designs: Within Subject Design - Two Conditions and Multiple Conditions Tested within Subject; Between Subject Design: Two Conditions and Multiple Conditions Tested Between Subjects.

Unit-III: Factorial Design: Two Factor Designs - Factorial within Subject Design, Factorial-between Subject Design, Mixed Factorial Design; Three Factor Design: General Layout.

Unit-IV: Single Subject Designs: Advantages and Disadvantages of the Single Subject Approach, Basic Control Strategies in Single Subject Research.
Unit-V: Latin Square Designs: Latin Square Design with One Observation each Cell, Latin Square Design with n Observations each Cell and Latin Square Design with Repeated Measures.


Books Recommended:


PSY303
Counselling Psychology

Unit-I Introduction: Nature and Historic Perspectives; Development of Institutional and Agency Counselling Programmes; Professional Counsellor – Roles and Functions.

Unit-II Counselling Process and Skills: Counselling Relationship – Meaning and Nature, Basic Communication Skills, Counselling Interview; Counselling Skills – Rapport Building, Assessment of Problem, Setting Goals, Selecting and Designing Interventions, Termination of Counselling.
Unit-III Theories of Counselling: Psychoanalytic Theory, Individual Psychology, Person Centred Theory, Behavioural Theory, Rational Emotive Behaviour Therapy, Reality Therapy, Transactional Analysis, Gestalt Counselling.


Unit-V Multicultural Counselling & Counselling for Career Planning and Decision Making; Ethnic Groups and Multicultural Counselling, Current Interests in Career Planning, Career Counselling and the Development of Human Potential, Career Planning and Decision Making in Schools, Career Counselling in Non-School Settings.

Unit-VI Ethical and Legal Guidelines: Nature of Ethics, Ethical Issues, Counsellor and Law, Legal Concerns of Counsellors, Confidentiality, Competence and Malpractice, Counsellors as Expert Witnesses.

Books Recommended:


PSY 304

Disorders of Childhood and Adolescence

Unit-I: Mental Retardation: Nature, Types, Clinical Picture and Causal Factors

Unit-II: Learning and Motor Skills Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-III: Attention-Deficit and Disruptive Behaviour Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-IV: Pervasive Developmental and Communication Disorders: Nature, Types, Clinical Picture and Causal Factors

Unit-V: Eating Disorders and Obesity: Nature, Types, Clinical Picture and Causal Factors

Unit-VI: Sexual Variants and Abuse: Nature, Types, Clinical Picture and Causal Factors

Books Recommended:


PSY305

Human Resource Management


Unit-III: Job Analysis and Design: Methods of Job Analysis; Factors affecting Job Design and Techniques of Job Design.

Unit-IV: Acquisition of Human Resource: Recruitment – Nature and Sources; Selection - Purpose and Process of Selection.


Books Recommended:


PSY306

Educational Psychology

Unit-I: Introduction: Concept, Nature, Aims and Objectives of Educational Psychology.

Unit-II: Conceptual and Theoretical Perspectives: Behaviouristic, Social Learning, Piaget and Neo-Piagetian Theories and their Applications in Teaching; Cognitive and Humanistic Approaches to Education.

Unit-III: Education and Intelligence: Individual and Group Differences, Theories of Intelligence, Multiple Intelligence, Issues in Intelligence Testing; Schooling and Cognition; Gender Differences/Issues in the Classroom; Gifted and Talented Students

Unit-IV: Multilingualism and Minority Language Issues in Education: Mother-Tongue Education, Bilingual or Multilingualism Education.

Unit-V: Education of Exceptional Children: Categories of Exceptionality; Labeling and Educational relevance. Physically Challenged Students. Students with Cognitive Disabilities or Brain Dysfunction and Communication Disorders. Students with Emotional and Behaviour Disorders. Attention Deficit Hyperactivity Disorder (ADHD) Specific learning and Reading Disability.

Unit-VI: Educational Assessment and Evaluation; Norm-referenced and Criterion-referenced Tests; Test Scores-Meaning and Types of Interpretation; Standardized Tests – Meaning, Types and Interpretation; Reliability and Validity; Classroom Assessment and Grading. Diversity/Cultural Differences and Assessment.

Books Recommended:


PSY307

Environmental Psychology

Unit-I: Environmental Psychology : Nature and Scope; Research Methods in Environmental Psychology.

Unit-II: Theories and Approaches : Arousal, Overload, Behaviour Constraint, Control, Stress Approaches; Trait, Interactional, Organismic and Transactional Theories.


Unit-V: Territoriality : Meaning, Measurement and Influences on Territoriality, Theories of Territoriality and Human Behaviour.

Unit-VI: Residential Environmental Psychology : Nature and Characteristics; Environment and Behaviour in the Residence; Residential Environmental Design.
Books Recommended:


- Susan D. Clayton (2012): The Oxford Handbook of Environmental and Conservation Psychology. UK.


- Internet: www.abacon.com

- Internet: www.mlbd.com

- Internet: www.amazon.com

PSY311

General Lab

I. Major Experiments/Tests

1. Rorschach Test

2. Differential Aptitude Test
II. Minor Experiments/Tests

3. Value in Action Inventory
4. Forgiveness Scale
5. E-Learning Orientation Scale
6. Transactional Style Inventory: Counselling
7. Organizational Climate Inventory
8. Pro Environmental Behaviour Scale
9. Learning Style Inventory
10. Draw A Man Test

PSY321

Project Work

1. Seminar

2. Field Study (Academic Tour)
M.A./M.Sc. Semester-IV

PSY 401: Indian Psychology
PSY 402: Psychological Testing
PSY 403: Health Psychology
PSY 404: Diagnostic and Therapeutic Techniques
PSY 405: Organizational Behavior
PSY 406: Psychology of Personality
PSY 407: Vocational Psychology
PSY 411: General Lab
PSY 421: Project Work

i. Project Work/Training in Industry or Institution or University (Min. Two Months)

ii. Report Writing and Presentation of Project Work/Training undertaken

PSY401
Indian Psychology

Unit-I Indian Psychology: Introduction, Psycho-Historical Perspective; Implications and Applications; Vedic View, Psychology-Friendly Meta-Theoretical Framework; Differences with Western Psychology.

Unit-II Systems and Schools: Advaita Vedanta, Jaina Psychology, Buddhist Psychology, Transpersonal Psychology, Yoga Psychology.

Unit-III Personality: Models of Personality, Self and Identity, Sufi Path of Self Transformation, Integral Psychology.
Unit-IV Knowledge and Consciousness: Sri Aurobindo’s reflection on knowledge, Indian Theories of Cognition, Integral Education and beyond Mind; Freedom from Knowledge.

Unit-V Healing and Therapeutic Psychology: Ayurveda, Yoga and Pratyahara.

Unit-VI Indian Psychology and Research: Scientific Method, Integrating Yoga, Epistemology and Ontology; Major Challenges and Perspectives for Future Action

Books Recommended:


PSY402

Psychological Testing

Unit-I: Psychological Test: Nature, Uses, Functions and Types.

Unit-II: Historical Antecedents of Modern Testing; Contribution of Francis Galton, Cattell, Binet and Group Testing.


Unit-IV: Reliability : Concept and Types, Factors affecting Reliability.

Unit-V: Validity: Concept and Types, Relation of Reliability and Validity.

Books Recommended:


PSY403

Health Psychology

Unit I: Introduction : Concept of Health; Individual and Cross-Cultural Perspectives on Health, Bio-Psycho-Social Model of Health, Main Approaches to Study Health Psychology. Research Methods in Heath Psychology

Unit II: Macro Social Environment and Health : Global Health Trends – Exploding Population, Gender, Poverty, Inequality and Growth, Ethnicity and Disability, Social Inequalities and Health; Social Capital Reducing Inequalities; Social Justice and Health.

Unit III: Health Behavior and Experience; Food and Eating, Alcohol and Drinking, Tobacco and Smoking, Exercise and Activity; Sexual Health – Theories, Models and Intervention.

Unit IV: Work and Health: Demographics and Characteristics of Workforce, Health and Well-Being within the Workplace, Role Demands and Control, Occupational Health Psychology; Occupational Stress and Intervention; Health Promoting Behavior; Changing Workforce.
Unit V: Illness Experience and Health Care: Health Communication Approaches and Methods; Pain: Theories and Management; Cancer and Chronic Diseases.

Unit VI: Health Promotion: Screening and Immunization; Health Literacy and Community Health Approaches; Health Promotion Strategies.

Recommended Books:


PSY404

Diagnostic and Therapeutic Techniques

Unit I: Clinical Assessment: Clinical Observation, Mental and Physical Status Examination, Case History taking, Clinical interview; Behavioural, Cognitive, Relational and Bodily assessment

Unit II: Psychometric and Neuropsychological Assessment: Objective, Projective, Individual, Group and Battery Tests of Intelligence and Personality, Psychiatric Rating Scales. Neuropsychological Assessment of Cognitive, Sensory Motor and Perceptual Problems; GSR, EEG, ERP, PET, MRI, fMRI Techniques.
Unit-III: Psychotherapies: Definition, Role of Theory, Psychotherapeutic Commonalities, Process of Change, Therapeutic Content; Psychotherapists: Roles and Responsibilities, Ethical Principles, Codes of Conduct.


Unit V: Humanistic – Existential and Gestalt Psychotherapies: Carl Rogers, Ludwig Binswanger, James Bugental, Rollo May, Victor Frankl, Fritz Perls and Alvin Mahrer

Unit-VI: Behaviour and Cognitive Therapies: Joseph Wolpe, Donald Meichenbaum, Thomas Stampfl, Francine Shapiro, Albert Ellis and Aaron Beck.

Books Recommended:


PSY405

Organizational Behaviour

Unit-I: Introduction: Definition and Relationship to other Fields; Theoretical Frameworks - Cognitive, Behaviouristic, Social Cognitive; Ethics and Ethical Behaviors in Organizations; Organizational Commitment – Meaning, Out sources and Guidelines to enhance Organizational Commitment.
Unit-II: Motivational Needs and Processes: Meaning, Work Motivation Approaches; Content Theories of Work Motivation; Maslow's Hierarchy of Needs; Herzberg’s Two Factor Theory; Alderfens ERG Theory; Process Theories of Work Motivation – Vroom’s Expectancy Theory; Porter Lawler Modal; Contemporary Theories of Work Motivation – Equity Theory of Work Motivation; Job Satisfaction - Meaning, Influences and Outcomes.


Unit-IV: Stress and Conflict: Meaning of Stress and Burnout, Causes of Stress - Extra Organizational, Organizational, Group Stressors and Individual Stressors; Effects of Stress, Intra Individual Conflict, Interactive Conflict; Coping Strategies for Stress and Conflict.


Unit-VI: Leadership and Leadership Style: Traditional Theories of Leadership - Trait, Group, Exchange, Contingency, Path, Goal Leadership Theory; Modern Theoretical Processes; Leadership Style: Managerial Grid, Blake and Mouton Managerial Grid, Hersey and Blanchard's Situational Approach.

Books Recommended:


PSY 406

Psychology of Personality


Unit-II: Psychoanalytic, Neo-analytic and Ego Theories – Freud, Jung, Adler, Horney, Mahler, Kohut, Erikson.

Unit-III: Biological and Behavioural Theories: Temperament, Socio-Biology and Evolutionary Personality: Pavlov, Watson, Skinner, Hall, Dollard and Miller.

Unit-IV: Cognitive and Social Cognitive Theories: Lewin, Kelly, Seligman, Rotter and Bandura.

Unit-V: Trait and Skill Theories: Cattell, Allport, Big Five Model, Expression Style.

Unit-VI: Humanistic, Existential and Person – Situation Interactionist Theories: Rogers, Frankl, Maslow, Sullivan, Murray and Mischel.

Books Recommended:


PSY 407

Vocational Psychology

Unit-I: Introduction: Definition, Meaning and Subject Matter of Vocational Psychology; Vocational Choice – Meaning and Early Determinants.

Unit-II: Theoretical Perspectives: Ginzberg, Super, Holland and Roe; Trait Factor, Development and Learning Theories.
Unit-III: Vocational Choice: Vocational Choice and Career Decision Making Processes; Problems of Vocational Choice.

Unit-IV: Other Dimensions of Vocational Choice: Systems for Defining Vocational Problems, Problems of Vocational Indecision and Vocational Unrealism.

Unit-V: Clients with Special Needs: Individuals with Disabilities, Women in Workforce, Displaced Workers, Economically Disadvantaged Group.

Unit-VI: Ethical Issues: Ethics and Competencies Needed for Career Development; Future Concerns of Vocational Development.

Books Recommended:


PSY411

General Lab

I. Major Experiments/Tests
   1. Sixteen Personality Factors
   2. Thematic Apperception Test

II. Minor Experiments/Tests
   3. Healthiness Behaviour Scale
   4. SDS for Career Interests
   5. Organisational Effectiveness Inventory
   6. Managerial Style Inventory
   7. Non-Verbal Learning Disability Checklist
   8. Satva-Rajas-Tamas Scale
   9. Optimism-Attribution of Success and Failure Inventory
   10. Construction of Interview Schedule

PSY421

Project Work

1. Project Work/Training in Industry or Institution or University (Min. Two Months)

2. Report Writing and Presentation of Work/Training undertaken

(A major project will be undertaken by the Student in the form of Industrial/Institutional Training or Training at Department at the Parent University. This will be taken up for Two months (4 hrs. each day) at least. The EoSE will be of 100 marks in which a board of examiners will hold a Presentation and Viva-voce Examination based on the Report submitted by the candidate. The EoSE will also take in to consideration the Certificate and Assessment provided by respective Supervisor at the Industry/Institute.)