

1. **Name of faculty:** Dr. MUKTA SINGHVI
2. **Department:** PSYCHOLOGY
3. **Designation:** ASSOCIATE PROFESSOR Grade: 27-37400-67000 (9000)
4. **Age as on 01.01.2016:** 52
5. **Educational Qualifications:**

Examination/ Degree	Subjects	Year	Board/ University	Division	Scholarship & Awards
X (Secondary)	Science, Maths, Biology	1979	ICSE Board, Delhi	I	2 nd position in Board Exam with distinction marks
XI (Higher Secondary)	Science, Maths	1980	M.P. Board	I	8 th rank in the State Merit List with distinction marks and National Scholarship
B.A (Hons.)	Psychology	1983	Rajasthan University	I	1 st position in Rajasthan University with National Scholarship
M.A	Clinical Psychology	1985	Rajasthan University	I	2 nd position in Rajasthan University with Departmental Research Fellowship from the Department of Psychology for further research.
Ph.D.	Counseling Psychology	1988	Rajasthan University	UGC's Junior Research Fellowship as well as Senior Research Fellowship	-
Qualified in U.G.C's National Education Test (NET) for JRF &SRF as well as eligibility for Assistant Professorship in Indian Universities	Psychology	1985	University Grants Commission (UGC)	-	-

Special Qualification:

Nominated for the *Rhodes Visiting Fellowship for Women* in 1988 by *Oxford University, Oxford, England*, for post-doctoral research.

6. Teaching Experience as on 01.01.2016:

Teaching Experience: Present Status	University	Duration
Associate Professor	University of Rajasthan	November 1988 till date

Total work experience in Teaching & Research:

- 27 years of teaching experience for UG and PG
- 19 years of teaching experience for M.Phil.

Areas of Specialization in Teaching and Research:

- Educational/ Vocational Psychology
- Clinical Psychology
- Applied Psychology/ Environmental Psychology
- Experimental Psychology
- Stress Management
- Counseling Psychology / Guidance.
- Clinical Hypnotherapy and Psychotherapy
- Positive Psychology

7. Address (Local): 4/95, Surya Path, Jawahar Nagar, Jaipur- 302004

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8. Phone / Mobile Number: 0141 2654129. Mob. +91-9829265424

9. Email ID: singhvi.mukta@gmail.com

10. Details of Research Projects:

S. No.	Title of project	Co-investigator if any	Funding Agency	Year of sanction	Year of completion	Funds received (in Lacs)
1	Auditing of Psychological Assets of Students of Maharanis College	Yes	UGC	2010	2012	1.5 lakh approx.

11. List of Publications:

Authors names	Title of paper	Name of Journal	Vol. No.	Pages from – to	Year
Dr. Mukta Singhvi	Mental Stress: Role of Population Density and Gender Differences.	Journal of Psychological Researches	Vol. 48 No.2	91-95	2004
Dr. Mukta Singhvi	Effect of Population Density on Mental Stress.	The Behavioural Scientist	Vol. 5, No. 2	93-96	2004
Dr. Mukta Singhvi	Effect of Personality Dimensions and Feeling of Crowding on the Components of Mental Stress in Inside Dense Areas.	Journal of Personality and Clinical Studies	Vol. 20, No. 1-2.	63-70	2004
Dr. Mukta Singhvi	Mental Stress: Role of Personality Dimensions and Feeling of Crowding as Mediating Variables in Inside Dense Areas	Indian Journal of Psychometry and Education	Vol .35 No. 2	163-168	2004
Dr. Mukta Singhvi	Population Density and Mental Stress	Human Behavior and Organizational Excellence	-	389-397	2004
Dr. Mukta Singhvi	Feeling of Crowding and Mental Stress	Prospects of Mental Health	-	75-85	2006 - 2007 .
Dr. Mukta Singhvi	Effects of Preksha Dhyam Meditation on Emotional Intelligence and Mental Stress	Indian Journal of Clinical Psychology.	Vol. 35. No.1	82-89	2008

Dr. Mukta Singhvi	Psychological Correlates of Loneliness & Among Adolescents	Indian Journal of Psychological Science (IJPS).	Vol. 02 No. 2	61-68	2011
Dr. Mukta Singhvi	Psychological, Behavioural and Political Aspects of Terrorism	Journal of Well Being	Vol. 5 No. 2	43-50	2011
Dr. Mukta Singhvi	World's Largest Child Nutrition Program: All is Not Well	International Journal of Research in Economics and Social Sciences	Vol. 2, Issue 3.	86-91	2012
Dr. Mukta Singhvi	Terrorism: Some Psychological and Behavioural aspect	International Journal, Asian resonance			2013

12. List of Books Published:

Authors names	Title of Book	Name of Publisher	Year
Self	Organizational Behavior (First Edition 2011)	Shivam Book House (P) Ltd ISBN: 81-87462-96-5	2011
Self	Clinical Psychology (First Edition 2010)	Ritu Publications, ISBN 978-81-87445-55-5	2010
Self	Essence of Organizational Behavior	Shivam Book House (P) Ltd	2010
Self	Essence of Business Communication	Shivam Book House (P) Ltd	2009
Self	Essence of Business and Management	Shivam Book House (P) Ltd	2010

13. List of Conferences / Symposium/ Refresher Courses organized

14. List of Conferences / Symposium/ Refresher Courses Attended

S. No.	Title of Workshop	Organized By	International/ National/ State Level/ Regional/ College or University Level
1.	Training Program of Breast Cancer support group volunteer training held at R.K Birla Cancer Centre, S.M.S Hospital, Jaipur	Koshish, MAI-Jaipur Chapter, Rajasthan Cancer Society, R.K Birla Cancer Centre, S.M.S Hospital, Jaipur (31st Aug and 1st Sept 2006)	National
2.	Workshop on Breast Cancer: Issues and Challenges	Koshish, MAI-Jaipur Chapter, Rajasthan Cancer Society, R.K Birla Cancer Centre, S.M.S Hospital, Jaipur (29th Jan 2010)	National
3.	Statistical Package for Social Sciences(SPSS) Faculty Development Program	SPSS and Dept. Of Economics, University of Rajasthan, Jaipur (Dec. 2006)	National
4.	Statistical Package for Social Sciences (SPSS) 16.0	SPSS and Dept. of Statistics, Maharani's College, University of Rajasthan, Jaipur (7th to 8th Nov, 2008)	National
5.	Investment Scenario in India: Trends and Issues – UGC Sponsored	Faculty of Commerce, University Maharani's College, Jaipur (Dec. 10th and 11th 2008)	National
6.	Workshop on Research Methodology in Social Sciences	Dept. Of Adult and Continuing Education, University of Rajasthan, Jaipur	National
7.	Workshop on woman and workplace: Issues and Challenges	Sri Bhavani Niketan P.G. Mahila Mahavidyalaya, Jaipur In collaboration with UOR	National
8.	NCW National Seminar on 'Violence Against the Girl Child'	Centre for Women's Studies, University of Rajasthan, Jaipur	National
9.	Breast Cancer Support Group	Koshish- Jaipur Chapter of Mastectomy Association, India and Rajasthan Cancer	National

	Volunteer Training	Society	
10.	Inter-Relation Between Astrology and Psychology	University of Rajasthan and Indian Institute for Ancient Astrological Research and UOR (9th May 2007)	National
11.	First State Conference on Naturopathy and Yog	Gandhi Smarak Prakritik Chikitsa Samiti, New Delhi and MGPC and Yog Mahavidyala, Jaipur (Sept 2006)	State
12.	Rational- Emotive- Behaviour Therapy	Dept. of Psychiatry, S.M.S Medical College and Shakti- A mental Health Initiative	National
13.	Touch Therapy- 'First Degree' Course in the Reiki Method of Natural Healing	USUI SHIKI RYOHO Institution of Joyful Living and Trimurti National Healing and Research Institute, Jaipur (9th Feb. 2008)	National
14.	Workshop on Neuro Linguistic Programming	Centre for Human Energy Field Research	National
15.	PIP Energy Field Imaging Training Course	Centre for Human Energy Field Research	National
16.	Workshop- Rebirthing Breathwork	Vijayanti Reddy and Leonard Orr	National
17.	AIU workshop for preparation of course content	University of Rajasthan 9th and 10th July 2010	National
18.	Participated in a Symposium on Legal, Social and Psychological aspects of Youth Problems	Organized by Shakti Stambh, RUWA and Maharani College (Feb 2007)	State
19.	Participated in the Life Skills Training Workshop	'Srijan' and the Dept. of Psychology, Maharani's College, Jaipur (9th – 12th Sept.)	State
20.	Attended a Symposium on 'You can change your destiny'	Organised jointly by Dept. of Psychology, Maharani's College, University of Rajasthan and the Ram Krishna Mission, Jaipur (Jan 2007)	State

15. Details of conferences in which chaired a session:**16. Papers in Conference Proceedings:**

Authors names	Title of paper	Name of Conference, City, Country	Pages from – to	Year
Dr. Mukta Singhvi	Mental Stress and Feeling of crowding: Role of Age and Gender Differences	92nd session of the Indian Science Congress, Ahmedabad (2005)	-	2005
Dr. Mukta Singhvi	Role of Preksha Dhyam Meditation in Emotional Intelligence and Mental Stress	Clinical Psychology for Stress-free Living (Feb 2006)	-	2006
Dr. Mukta Singhvi	Preksha Dhyam	Jain Sahitya Mein Jeevan Mulya (March 2006)	-	2006
Dr. Mukta Singhvi	Psychological Distress in Women in Democratic setup: Effect of Socio-Cultural factors and Gender Inequality	Women in Democracy in India: Issues and Challenges (March 2007)	-	2007
Dr. Mukta Singhvi	Water Conservation and Water Efficiency in the Home: A Modern Picture	National Seminar on Water Auditing (May 2010)	-	2010
Dr. Mukta Singhvi	Rain Water Harvesting: Methods and Benefits	National Seminar on Water Auditing (May 2010)	-	2010
Dr. Mukta Singhvi	Career Intervention Programs and Vocational Unrealism: A study on Adolescents	Positive Psychology: A new approach to mental health (Aug. 2010)	-	2010
Dr. Mukta Singhvi	Clinical Profiles of Obsessive-Compulsive Patients: A Comparative Analysis	Positive Psychology: A new approach to mental health (Aug. 2010)	-	2010

Dr. Mukta Singhvi	Effect of Terrorism on Quality of Life	National Seminar on Terrorism, Society and Quality of Life (Under the ages of UGC) (Oct 2010)	-	2010
Dr. Mukta Singhvi	Terrorism: Some Psychological and Behavioural Aspects	National Seminar on Terrorism, Society and Quality of Life (Under the ages of UGC) (Oct 2010)	-	2010
Dr. Mukta Singhvi	Relation Among Goal-Orientation, Attribution Style and Academic Achievement Among Secondary School students	International Conference on Positivism: Part to Success, Satisfaction and Bliss (Aug 2011)	-	2011
Dr. Mukta Singhvi	Female foeticide in India: A contemporary picture	Revisiting Issues of Woman Security from Womb to Tomb (Sept 2013)	-	2013

17. (a) National / International Collaborations with MoU (if any)

NO

(b) Number of papers published where co-author is from another institute within the country

YES

(c) Number of papers published where co-author is from another institute outside the country.

NO

18. National / International Awards received**19. Membership of technical societies / academic bodies/ National or international organizations (if any)**

- Life Member of the Indian Science Congress Association (ISCA).
- Life Member of the Indian Psychological Association (IPA).
- Life Member of Indian Society for Clinical and Experimental Hypnosis (ISCEH)
- Life Member of the Indian Association of Clinical Psychologists (IACP).
- Life Member of Bhartiya Vidya Bhawan's Society.
- Life Member of Association for Regression and Reincarnation Research (ARRR)
- Life Member of Institute for the Integration of Science, Intuition and Spirit (IISIS) headed by Dr. Walter Semkiv (author of Origin of the soul, and Born again)
- Life Member of California Hypnosis Institute (CHI)
- Life Member of Indian Academy of Well Being.
- Life Member of Mind Power Lab Hypnosis Association.
- Life Member of Rajasthan Psychology Society.
- Life Member of Indian Mastectomy Society (MAI); koshish.
- Life Member of Academy of Well Being

20. Details of Ph. D. students supervised:

Name of student	Year of award	Title of thesis
Abhimanyu Sharma	2011 (Awarded)	Mirror Gazing, Depression, Self-Esteem and Eating Behavior in adolescents with Favorable and Unfavorable Body Image
Aruna	2011 (Awarded)	Mental Health in Relation to Personality, Motivation and Coping Skills- A study of Male and Female Hostellers and Day Scholars
Suman Kumari	2012 (Awarded)	Psycho-Social Correlates of Loneliness among Adolescents
Shivali Mittal	2012 (Awarded)	Goal-Oriented, Locus of Control and Self-Efficacy in relation to Achievement and Motivation and Academic Achievement among X grade students.

21. Post Doctoral Fellows (if any):**22. Patents and Transfer of Technology**