



Prof. Rajeev Jain
Hon'ble Vice-Chancellor



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Coordinator |
Psychological Counselling Cell



राजस्थान विश्वविद्यालय
University of Rajasthan

heartful
campus
be all you can be

Psychological Counselling Cell

University of Rajasthan

in collaboration with

The Heartfulness Institute

Cordially invites you

to attend 3 days workshop on

Theme

'Designing Destiny... The Heartfulness Way'



Time:11:30AM-12:30PM | Date: 29th, 30th, 31st May, 2021

Day 1

Self Management



Tarun Toshniwal
Dy. Director General,
National Informatics
Centre (NIC)

Day 2

Stress Management



Atul Yadav
Head- HR & Admin,
Thiess India, Mining
MNC

Day 3

Self Confidence



Sanjeev Singh
Director (Retired)
LIC of India

COORDINATOR :

DR. CHITRA CHOUDHARY | ECONOMICS ASS. PRO.(RU)

WEBINAR: [HTTPS://HEARTFULNESS.ZOOM.US/J/93280781785](https://heartfulness.zoom.us/j/93280781785)

REGISTRATION LINK: [HTTPS://FORMS.GLE/DAETFW6J3WOLZWO78](https://forms.gle/DAETFW6J3WOLZWO78)